

Instructions For After Crown Or Bridge Work

Following your first appointment for a crown or bridge procedure, a temporary crown or bridge is placed on the tooth (or teeth) involved. This will protect and maintain the space while the custom restoration is being made.

- Sensitivity, especially to cold or pressure, is common for a few days following a dental procedure. Usually the deeper the cavity, the more sensitive the tooth may be. Many crowns may fit below the gum line. Therefore, you may experience some discomfort for a few days due to the irritation of that area during the procedure.
- Temporary crowns are made of a plastic material, therefore, avoid chewing anything sticky or hard. Also, avoid flossing around the temporary crown or bridge unless absolutely necessary. If you must, insert floss in a light seesaw motion and pull floss out through the front of the tooth (not up (or down) as you would normally floss).
- The use of temporary cement is for easy removal at your next appointment. If your temporary comes off between appointments, slip it back on and call us right away for an appointment to have it re-cemented. If you are unable to make it to our office, Fixodent (a denture adhesive) may be purchased at a drug store. Dry the tooth off as much as possible before temporary cementation.
- If your teeth feel that they do not touch correctly, please call the office. This problem can be solved with a quick adjustment to the temporary or permanent restoration.
- You will need to make a second appointment once your permanent crown or bridge comes in from the lab.
- Proper brushing (2 times a day) and flossing (at least once a day) at home is recommended to help you retain your permanent crown or bridge. Having your teeth professionally cleaned every 6 months, as well as an exam and x-rays, will help prolong the life of your restoration.

If you have any concerns, please call us at 281-293-9140