

The Pediatric Center - Boulder



Visiting the Doctor

A GUIDE FOR KIDS



Welcome to The Pediatric Center! This is where I go to get my checkup with my doctor. Sometimes I go when I'm sick, and sometimes I go when I'm healthy.



This is the outside of the hospital - my doctor's office is inside.



This is the pediatric center.



The Pediatric Center still
requires masks.

I put a mask on when I come in
to see my doctor.

All the other kids, parents,
nurses and doctors wear masks.



This is the front desk.
This is where my
grownup will check in to
let the doctor know that
I'm here.



This is the waiting room. I will wait here and play with toys or listen to music until it is my turn.

There may be other kids and parents here also. It might be busy and loud.

If I feel overwhelmed, I can ask my parent if we can wait in the hall if I need a break.



This is the hallway that I walk to
to get to the doctor's exam
room.



This is the scale that checks how much I weigh and this is where I stand to check how tall I am.



This is the eye chart that helps
the nurse check how well I see.



This is the room where I get my hearing checked.

For my hearing test I will wear a special pair of headphones.

When I hear a beep in one of my ears, I raise my hand on the same side to let the nurse know that I heard it.



This is the exam room where I will get my check up.

First, the nurse will use a thermometer, stethoscope and blood pressure cuff to check important things about my health.



This is the exam table that I will sit on. I can also sit in my grownup's lap or on a chair if I feel more comfortable.



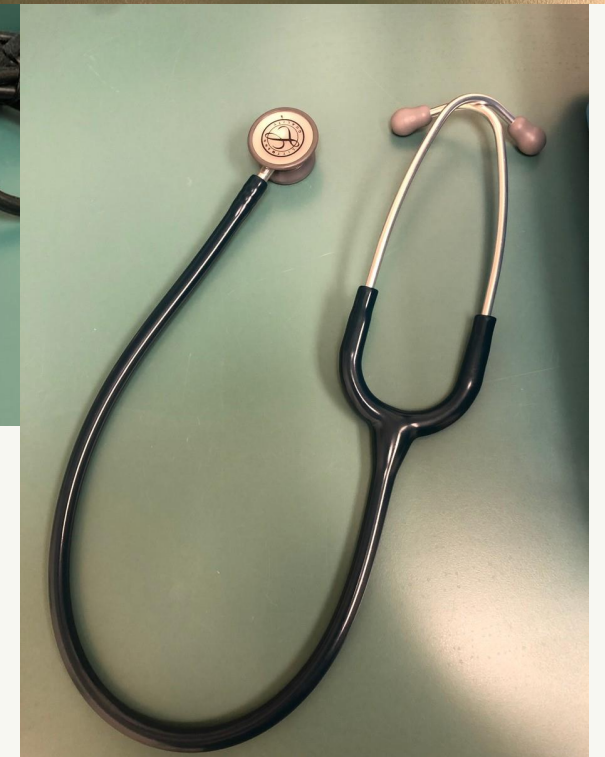
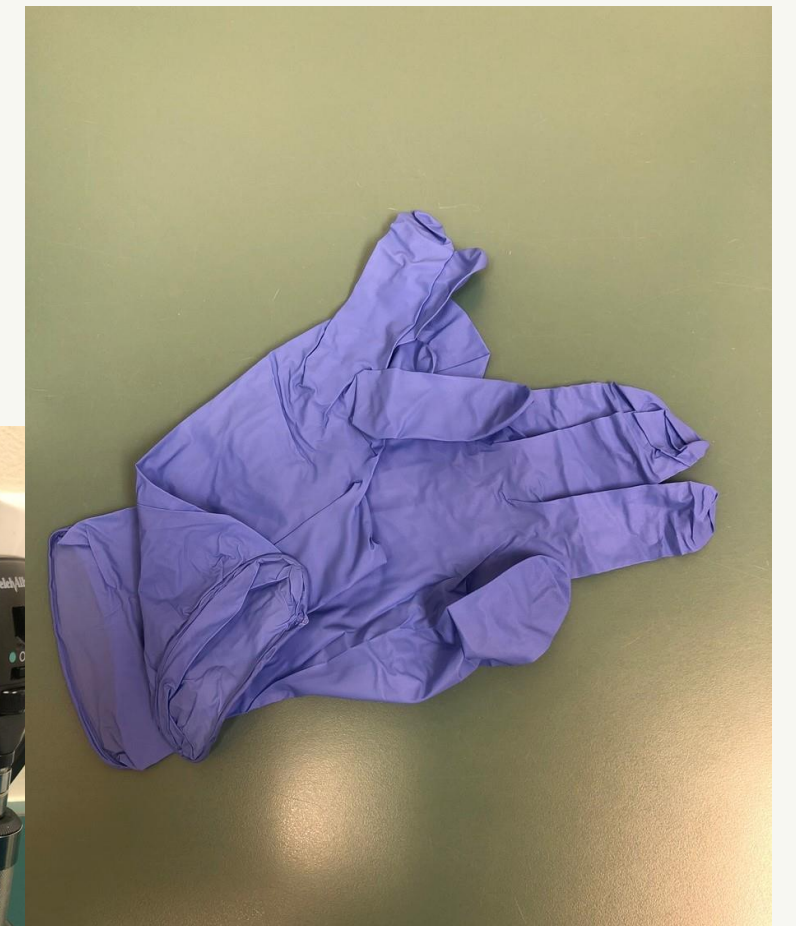
This is the gown that I might need to wear so that the doctor can check my whole body including my skin.

If that makes me uncomfortable, I can stay in my clothes.



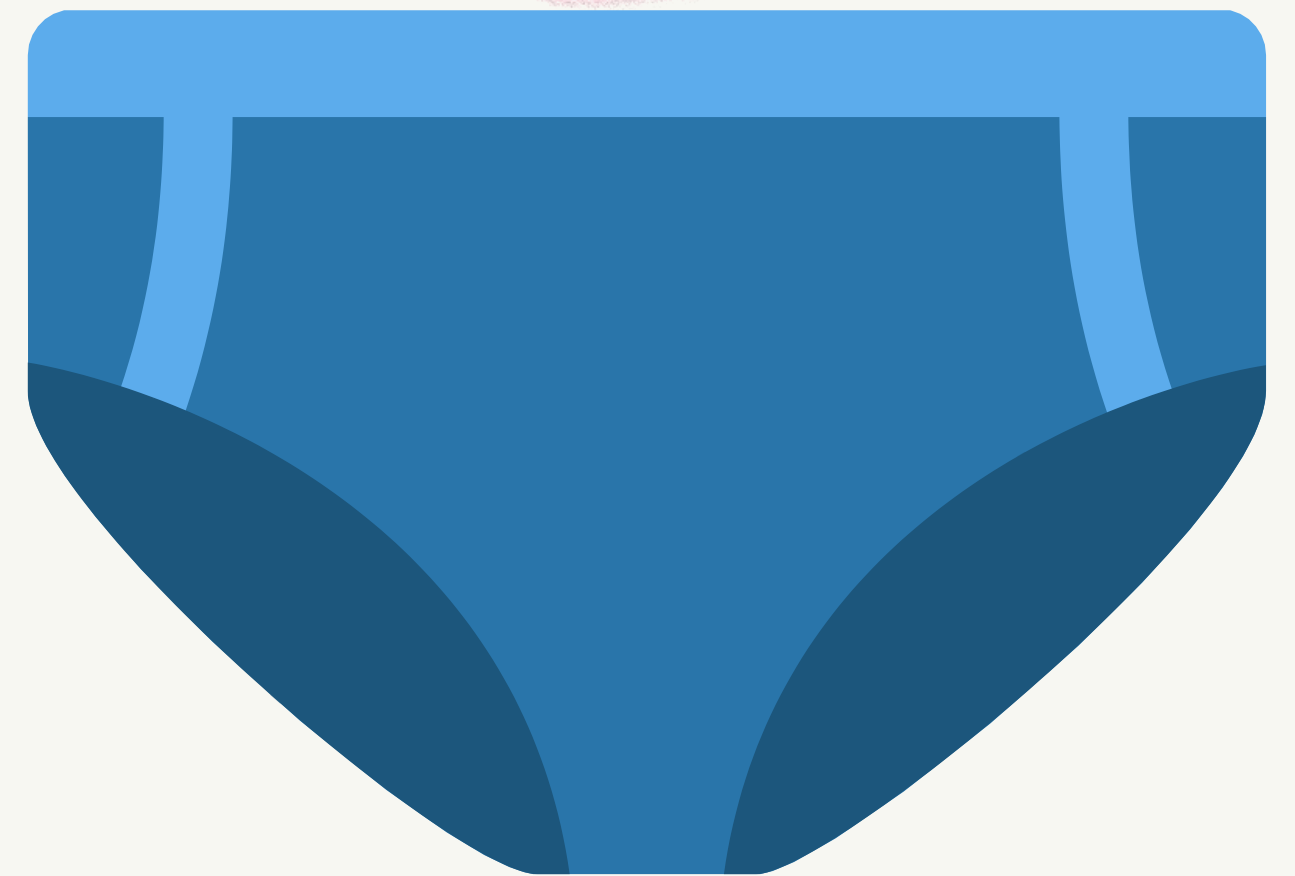
These are some of the tools that the doctor uses to do my checkup. There's a stethoscope, an otoscope, an ophthalmoscope.

The doctor will wear a pair of gloves like these.



My doctor will want to check my whole body to make sure that I'm healthy.

At some visits my doctor might need to check under my underwear. That is ok only at the doctor's office when my grown up is with me - and when both my grown up and I say it is ok.



When my checkup is over I will get a sticker and leave the office with my grown up.

