



Dear Young Adult,

When you turn 18, seeking medical care is a new responsibility. Your parents can help guide you in seeking medical care, however, as an adult you have the right and responsibility for your medical care. This means that you may now seek medical care without your parents' consent and call for your own appointments as needed.

In this packet you will find our forms that you will need to fill out and also a few things you will need to know about being responsible for your own medical care.

FORMS AND DESCRIPTIONS

The following forms can be found in this packet and will need to be filled out by you and returned to our office. The forms you are needing to complete can also be found on our website, www.ptpediatrics.com under patient forms, and can be submitted securely online to our office.

PATIENT DEMOGRAPHIC INFORMATION

- Please fill out this form to accurately reflect your demographic information as well as information related to your guardians.

CONSENT TO USE & DISCLOSE HEALTH INFORMATION (HIPPA)

- This form needs to be completed to notify our office who you may allow to have access to your medical records. If we do not have this signed form on file, Poole and Thomas Pediatrics **WILL NOT** be able to share your medical information, even immunizations.

THINGS TO KNOW:

- Under the Federal Health Information Portability and Accountability Act (HIPAA), medical records are now records between you and your health care provider. Access to your medical records and any discussion regarding your health is only provided to people that you consent to, including your parents. If you wish your parents to discuss your health on your behalf, you must provide written consent to your health care provider by completing a form. This form is called a **CONSENT TO USE AND DISCLOSE HEALTH INFORMATION** form and is within this packet of information.
- **Poole and Thomas Pediatrics will continue to provide medical care for you through your 22nd year.** At that time, Poole and Thomas Pediatrics will help you make a smooth transition from pediatric to adult health care.
- When calling for an appointment, you will need to let the receptionist/nurse know the reason for your appointment. Please provide the most accurate description of the reason you need an appointment, so the accurate amount of time is taken for your appointment.
- Your parents may come to the appointment with you but you will need to check in and sign the forms for yourself.
- You will need to pay for any co-payments or billing portions required at that date of service.
- You will need to sign for any vaccinations. Your mom, dad, or guardian can no longer sign for you.
- Unless specific consent is given, we are not permitted to talk with your parents about your health care. You will need to have the discussion with your doctor. Your parents may only be involved if you provide consent to do so.
- You have the right to be informed of your medical care and treatment. You also have the right to refuse medical treatment if you so wish.