

ADHD Resources

Websites:

Children and Adults with ADHD: www.CHADD.org

National Institute of Mental Health: <http://www.nimh.nih.gov/index.shtml>

CDC: <http://www.cdc.gov/ncbddd/adhd/>

Additude: <http://www.additudemag.com/channel/parenting-adhd-children/index.html>

Classes for Parents:

Cincinnati Children's Hospital Classes 636-8107

Books:

Taking Charge of ADHD: The Complete Authoritative Guide for Parents by Russell Barkley

The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders by Sandra Rief

Late, Lost and Unprepared: A Parent's Guide for Helping Children with Executive Functioning by Joyce Cooper-Kahn and Lauren Dietzel

Organizing the Disorganized Child: Simple Strategies to Succeed in School by Martin Kutscher and Marcella Moran

Seven Steps to Homework Success by Sydney Zentall and Sam Goldstein

Superparenting for ADD: An Innovative Approach to Raising your Distracted Child by Edward Halowell and Peter Jensen

Summer Camps for Kids:

CHMC: <http://www.cincinnatichildrens.org/service/c/adhd/summer-treatment-program/>

Camp Nuhop: <http://nuhop.org/camp-nuhop>

More options: <http://www.additudemag.com/adhd-guide/camp.html>