

# Southside Dermatology

## Care Instructions for Skin Areas Treated with Liquid Nitrogen

1. Leave the treated areas uncovered unless otherwise specified by your physician or nurse. It is fine to wear clothing over any treated areas.
2. The areas treated may be slightly red and swollen for the first 24 to 48 hours.
3. A small blister may form on the areas treated. No treatment is needed.
4. You may take Tylenol or Aspirin as needed for pain.
5. Protect any treated areas that are sun exposed with a sunscreen SPF 30 or higher.
6. It may take anywhere from 2 to 4 weeks for the areas treated to form a scab and fall off.
7. Be sure to keep and scheduled followed up appointments with your physician.
8. Be patient. It may take more than 1 treatment for the areas treated to completely go away.
9. The area may heal with color changes (darkening or lightening) in the treated area – this is known as hyper or hypo-pigmentation. This may be permanent. Regular sunscreen use may lessen the risk of hyper-pigmentation.

If you have any difficulties or non-emergent questions please call the clinic during the hours of 8:00 am- 5:00pm at (918)760-0700 and a nurse will be available to assist you.