

PATIENT INSTRUCTIONS FOR DERMATOLOGIC SURGERY

1. Take all of the your regular medications on the day of surgery. Usually patients continue blood thinners (such as Aspirin, Coumadin, Plavix, Xarelto, Ticlid, etc) unless otherwise recommended. Please follow the instructions the doctor has discussed with you.
2. If you take pain relievers such as Motrin, Advil, Aspirin, Aleve or Ibuprofen, please let us know during the consultation. In general, these medications as well as fish oil and other supplements should be stopped before surgery. You may take Tylenol instead.
3. Eat your usual breakfast on the day of surgery; you will have time for lunch if your procedure is still in progress. Feel free to bring snacks, blankets, and other items to make yourself comfortable.
4. If you are having Mohs Micrographic Surgery, you may need to spend several hours at the clinic. Due to the waiting time between layers of tumor removal and laboratory analysis, we encourage you to bring something to occupy your time (book, magazine, crossword, etc...) It is best not to plan other appointments on the day of surgery.
5. Please wear comfortable clothing that does not need to be pulled over your head to remove.
6. Your surgery will be performed with local anesthesia. However, sometimes even with a minor procedure a patient may not feel up to driving. If you do not feel up to driving, or if you have surgery of the eyelid or near the eye someone should come with you to drive you home. Additionally, postoperative bleeding, though rare, can be dangerously distracting to a driver.
7. If you are unable to keep your scheduled appointment or if you have any questions about your surgery please contact Lauren Perkins (918-760-0700) as soon as possible to reschedule.