

Post-Operative Instructions Following Extractions / Oral Surgery

- 1.) Please keep pressure on the extraction site for approximately 45 minutes by biting on the gauze provided. Should bleeding continue after this gauze is removed, continue biting on the extra gauze provided for an additional 30 minutes.
- 2.) Today, you should avoid:
 - Spitting
 - Rinsing
 - Smoking
 - Drinking liquids through a straw
 - Chewing on the area
- 3.) Tomorrow, you can rinse with warm salt water
- 4.) If instructed, please place ice packs to the area as we have indicated.
- 5.) If sutures were placed, you will be instructed on their care, and if additional office visits will be necessary for their removal.
- 6.) Bony fragments may be found weeks or months later following extractions. This is not unusual, but you should notify us so these areas can be examined.
- 7.) Pain medications and/or antibiotics may have been prescribed for you. Please take them as instructed.
- 8.) Some discomfort and swelling is normal following extractions. However, should you have excessive bleeding, swelling, or pain or any other questions, please contact our office at once.