

## JOSE I. ARAUZ, DMD, PA

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### PRE-OPERATIVE INSTRUCTIONS FOR PATIENT PRIOR TO SURGERY *WITHOUT IV SEDATION*

PLEASE READ AND FOLLOW THESE INSTRUCTIONS CAREFULLY  
IN ORDER TO MAKE YOUR SURGERY AS PLEASANT AS POSSIBLE,  
THE FOLLOWING SUGGESTIONS SHOULD BE FOLLOWED:

- It is important that you have a light breakfast or lunch on the day of your surgery.
- Take all medications you would normally take as directed for other medical reasons. Be sure Dr. Arauz is aware of all medications you have taken in the week preceding your surgery.
- Have your prescriptions filled and take as directed by Dr. Arauz.
- When oral sedation (pills) is used for your surgery, **it is mandatory that you have someone drive you to and from the appointment.** We will be happy to notify the individual providing your transportation when your surgery is almost over.
- Be sure to wear comfortable clothing to the surgery appointment.
- Prepare to have an assortment of nutritious drinks and soft foods at home available to be consumed for a few days after your surgery.