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### PRE-OPERATIVE INSTRUCTIONS FOR PATIENT PRIOR TO SURGERY *WITH MODERATE IV SEDATION*

PLEASE READ AND FOLLOW THESE INSTRUCTIONS CAREFULLY  
IN ORDER TO MAKE YOUR SURGERY AS PLEASANT AS POSSIBLE,  
THE FOLLOWING SUGGESTIONS SHOULD BE FOLLOWED:

- You may have a *light* breakfast or lunch on the day of your surgery.
- You may take your medications the morning of your procedure with a sip of water.
- For women, it would be preferable to minimize or eliminate makeup and nail polish prior to your procedure.
- Take all medications you would normally take as directed for other medical reasons.
- Be sure Dr. Arauz is aware of all medications you have taken in the week preceding your surgery.
- Have your prescriptions filled and take as directed by Dr. Arauz.
- **It is mandatory that you arrange for a ride to and from your appointment.**
- **It is mandatory that your ride stay on our premises until your procedure is complete.**
- Be sure to wear comfortable clothing to the surgery appointment.
- Prepare to have an assortment of nutritious drinks and soft foods at home available to be consumed for a few days after your surgery.