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Practice Limited to Endodontics

Patient Information Following Endodontic (Root Canal) Treatment

WHAT TO EXPECT:

- 1.) It is not uncommon to experience some discomfort or even a dull ache immediately after a root canal. This should subside in approximately one week.
- 2.) Your tooth may be sensitive to biting pressure and may even appear to feel loose. This feeling is a result of sensitivity of the tissue just outside of the end of the root. This feeling will be short-lived.
- 3.) You may feel a depression or rough area where our access was made. There is a soft, temporary material in that area, which may wear away to some degree before your next visit.
- 4.) Occasionally a small bubble or pimple will appear on the gum tissue within a few days after completion of a root canal. This represents the release of pressure and bacteria, which can no longer be sustained around the tooth. This should disappear within a few days.

WHAT TO DO:

- 1.) The doctor recommends that you take a pain reliever within one hour of leaving the office, in order to have some medication in your blood system before the anesthesia begins to subside. Generally, Ibuprofen is the medication of choice (Advil or Motrin 600mg= 3 over the counter tablets every six hours). **If you have medical condition, aspirin allergy, or gastrointestinal disorder, which precludes your use of Ibuprofen, acetaminophen (Tylenol or Excedrin) is the recommended pain reliever.** Aspirin is Not advisable, as they tend to increase bleeding in the area treated.
- 2.) Whenever possible, try to chew on the opposite side from the tooth treated until you have a crown placed. Until that time your tooth may be prone to fracture.
- 3.) Please avoid chewing gum, caramels, or other sticky foods, which could dislodge the temporary filling.

PLEASE CALL US IF...

- 1.) Symptoms become more intense or of longer duration than explained above.
- 2.) You experience swelling.
- 3.) The temporary filling becomes dislodged, feels loose, or feels high.
- 4.) Your tooth fractures.
- 5.) You have any questions or concerns.