

Ali Shakouri M.D.

Dr. Shakouri grew up in DFW and attended Southern Methodist University (SMU), where he graduated Summa Cum Laude with a degree in biological sciences in 2002. He obtained his medical degree from highly-ranked UT Southwestern Medical Center (UTSW) in Dallas in 2006, and was also accepted into their Internal Medicine internship and residency programs, which he completed in 2009. He further specialized in pediatric and adult Allergy/Immunology after being selected into the fellowship program at LSU Health Sciences Center in Shreveport, Louisiana. While in fellowship, his clinical research focused on studying the relationship between food allergies and asthma in pediatric patients. He has extensive clinical experience with evaluation and treatment of complex food allergies and oral immunotherapy (OIT) desensitization for severe peanut and other food allergies. Additionally, his interests include pediatric and adult-specific therapies for respiratory and skin diseases, eczema, asthma, hives, angioedema, sinus disorders, and immune disorders. Dr. Shakouri is double board-certified, including the combined pediatric and adult American Board of Allergy & Immunology. He has authored multiple publications in national peer-reviewed scientific journals and has been an invited speaker at multiple educational and local conferences. He enjoys spending his time off with his wife and their two beautiful daughters and also volunteers his time with local charity-based clinics. Dr. Shakouri believes clear communication is the key to a strong physician-patient relationship and is dedicated to providing high quality, personalized patient care.

Education and Work

- Texas Regional Asthma & Allergy Center (TRAAC) – Southlake, TX, July 2013-present
Pediatric and Adult Allergist/Immunologist
- Louisiana State University Health Sciences Center (LSU) – Shreveport, LA, July 2011-June 2013
Fellowship, Pediatric and Adult Allergy/Immunology
- Las Colinas Medical Center – Irving, TX, September 2009-June 2011
Internal Medicine Hospitalist (Questcare Partners LLC)
- University of Texas Southwestern Medical Center (UTSW) – Dallas, TX, 2007-2009
Residency, Internal Medicine
- University of Texas Southwestern Medical Center (UTSW) – Dallas, TX, 2006-2007
Internship, Internal Medicine
- University of Texas Southwestern Medical Center (UTSW) – Dallas, TX, 2002-2006
Doctor of Medicine (M.D.)
- Southern Methodist University (SMU) Dallas, TX, 1999-2002
Graduated Summa Cum Laude
B.A. in Biology with Chemistry Minor
- Collin College – Plano, TX, 1998-1999

Memberships

- Texas Allergy, Asthma, and Immunology Society (TAAIS)
- Tarrant County Medical Society (TCMS)
- Texas Medical Association (TMA)
- American Academy of Allergy, Asthma, & Immunology (AAAAI)
- American College of Allergy, Asthma, & Immunology (ACAAI)
- European Academy of Allergy and Clinical Immunology (EAACI)
- World Allergy Organization (WAO)
- Louisiana Society of Allergy, Asthma, & Immunology (LSAAI)

Publications and Invited Presentations

- Shakouri A, Bahna SL. Hypersensitivity to antihistamines. Allergy and Asthma Proceedings, 2013 Nov; 34(6): 488-96.
- Shakouri A. IVIG-induced Hemolysis. Eastern Allergy Conference (EAC), Palm Beach, FL. May 2013, Annual Meeting.
- Shakouri A, Casillas, AM. Eosinophilic esophagitis: A practical primer to an atypical disease. Journal of the American Academy of Physician Assistants, 2013 May; 26(5): 54-7
- Shakouri A, Bahna, SL. Acute hemolysis secondary to high-dose intravenous immunoglobulin in a patient with Stevens-Johnson syndrome. Annals of Allergy, Asthma, and Immunology, 2012 Jun; 108(6): 463-4.
- Shakouri A. Severe Hemolytic Anemia Secondary to High-Dose IVIG. Louisiana Society of Allergy, Asthma & Immunology (LSAAI), New Orleans, LA. June 2012, Annual Meeting.
- Shakouri A, Khan D, Lang D, Compalati E. Effectiveness of h. pylori eradication in chronic urticaria: evidence based analysis using the GRADE system. Current Opinion in Allergy & Clinical Immunology, 2010 Aug; 10(4): 362-9.
- Shakouri A, Tang SJ. Mirizzi with pre-bouveret's syndrome. Clinical Gastroenterology and Hepatology, 2008 Mar; 6(3), P e12-e13.

Medical Boards

- Diplomate of the American Board of Allergy and Immunology (ABAI; certified 2013) – Conjoint Boards of the American Board of Pediatrics (ABP) and the American Board of Internal Medicine (ABIM).
- Diplomate of the American Board of Internal Medicine (ABIM; certified 2009).

State Licensures

- Texas State Medical Board Licensure, February 2009 (active).
- Louisiana State Medical Board Licensure, April 2011 (active).

Activities and Research

- Adverse Reactions to Foods Committee (FADDA), American Academy of Allergy, Asthma, & Immunology, February 2013-present.
- Mentor, Chrysalis Mentorship Program, American Academy of Allergy, Asthma, & Immunology. February 2013, Annual Meeting.
- Study investigator, Food Allergy in Asthma, March 2012-June 2013.
- Hospital Utilization Committee, Las Colinas Medical Center, October 2009-June 2011.
- Pharmacy & Therapeutics Committee, Las Colinas Medical Center, October 2009-June 2011.
- Co-founder and Contributor, UTSW Cirrhosis Patient Database, December 2006-2008.
- Treasurer, UTSW Internal Medicine Association, 2005-2006.
- President and Co-founder, UTSW Persian Medical Society, 2002-2006.
- Co-founder and Treasurer, SMU Persian Student Society (PSS), 2000-2002.

Honors

- UT Southwestern Medical Foundation Scholarship, 2002.
- Outstanding Executive Award for PSS, SMU Student Council, 2002.
- Alpha Epsilon Delta (AED) Premedical Honor Award, 2001.
- SMU Full Tuition Academic Scholarship, 1999-2002.
- President's Honor Roll, Collin College and SMU, every semester 1998-2002.
- Top Doc 2015 Fort Worth, Texas Magazine
- Top Doctors 2021

Hospital Affiliations

- **2002-2006**
Parkland Memorial Hospital, Dallas.
Children's Medical Center of Dallas.
UT Southwestern Medical Center, Dallas.
- **2006-2009**
UT Southwestern Medical Center, Dallas.
Parkland Memorial Hospital, Dallas.
St. Paul University Hospital, Dallas.
Dallas Veterans Affairs Medical Center.
- **2009-2012**
Las Colinas Medical Center, Irving, TX.
- **2011-2013**
LSU Health Sciences Center, Shreveport.
Overton Brooks VA Medical Center Shreveport.
- **2013-Present**
Baylor Scott & White Center, Grapevine.
Methodist Southlake Hospital, Southlake.