

## Examples of meds to DISCONTINUE for allergy skin testing:

- \*Allegra (fexofenadine)
- \*Astelin/Astepro (azelastine) nasal spray
- \*Atarax/Vistaril (hydroxyzine)
- \*Benadryl (diphenhydramine HCL)
- \*Bepreve (Bepotastine)
- \*Chlor-Trimeton (chlorpheniramine)
- \*Clarinex (desloratadine)
- \*Claritin/Alavert (loratadine)
- \*Dimetapp (brompheniramine)
- \*Dymista (Fluticasone/azelastine)
- \*Optivar (Azelastine)
- \*Palgic (carbinoxamine)
- \*Pataday/Patanol (Olopatadine)
- \*Patanase (olopatadine) nasal spray
- \*Semprex (acrivastine)
- \*Sonata (Zaleplon)
- \*Tavist (clemastine)
- \*Xyzal (levocetirizine)
- \*Zyrtec (cetirizine)

**\*\*\*\*MANY OVER THE COUNTER (OTC) DRUGS FOR NAUSEA, COLDS AND SLEEPING AIDS CONTAIN AN ANTIHISTAMINES (DRAMAMINE, PHENERGAN, ANTIVERT, ADVIL COLD, TYLENOL COLD, ADVIL PM, TYLENOL PM, ZQUIL, UNISOM, ETC). IF YOU ARE UNSURE, ASK A NURSE OR YOUR PHARMACIST\*\*\*\***

Some other prescription and OTC drugs for depression, bipolar disorder, heart burn, and other stomach problems MAY also interfere with skin testing results. These meds must be STOPPED 3-4 days PRIOR TO TESTING. These include but are not limited to:

- \*Axid (nizatidine)
- \*Bentyl (dicyclomine)
- \*Compazine (prochlorperazine Maleate)
- \*Elavil (amitriptyline)
- \*Pamelor (nortriptyline)
- \*Pepcid, Tums Dual action (Famotidine)
- \*Phenergan (promethazine)
- \*Remeron (mirtazapine)
- \*Risperdal (risperidone)
- \*Tagament (Cimetidine)
- \*Tofranil (imipramine)\*Zantac (Ranitidine)

NO BETA BLOCKERS are also to be discontinued. Examples: Inderal (propranolol, Tenormin (atenolol), Coreg (carvedilol), etc.

INHALERS, ASTHMA MEDICATIONS, NASAL STEROID SPRAYS, STEROIDS, AND DECONGESTANTS SHOULD BE CONTINUED EVEN ON THE DAY OF TESTIN, AS THESE DO NOT INTERFERE WITH TESTING RESULTS.

**Herbal supplements / Antidepressants to DISCONTINUE before Allergy**

**Skin Testing:**

- \* Astragalus
- \* Feverfew
- \* Green Tea
- \* Licorice
- \* Milk Thistle
- \* Saw Palmetto
- \* St. John's Wort

Some antidepressants/sedatives MAY interfere with skin testing results. Do **NOT** stop these medications prior to discussion with your Allergist AND prescribing Physician.

- \* Ambien (zolpidem)
- \* Ativan (Lorazepam)
- \* Aventyl
- \* Elavil
- \* Estazolam
- \* Eszopiclone
- \* Doxepin
- \* Klonopin (clonazepam)
- \* Norpramin (desipramine)
- \* Oleptro (trazodone)
- \* Quetiapine
- \* Restoril (Temazepam)
- \* Surmontil (trimipramine)
- \* Valium (diazepam)
- \* Versed (midazolam)
- \* Vivactil (protriptyline)
- \* Wellbutrin (bupropion)
- \* Xanax (alprazolam)