



We are now a proud member of LifeStance Health, one of the nation's largest providers of outpatient mental health care! In the coming months, we will change the name of our locations to LifeStance Health. As we become part of the LifeStance Health family, you will begin to see some changes as we improve the patient experience. Rest assured, you will continue to receive the same comprehensive and compassionate care.

To start, we are adopting a different logo on our printed materials, emails, office signs, and website. While the name is changing, our mission remains the same. As part of LifeStance Health, we will continue providing the high-quality care you expect from us. You will continue to receive care in the clean, comfortable, and nurturing office spaces you are used to and will interact with the same, friendly administrative staff. Your clinical care team of physicians, advanced nurse practitioners, psychologists, and therapists will remain constant, with a few additional team members as we continue to address the growing needs of patients in our community.

As we embark on this new adventure, the leadership team understands that you may have important questions about your care. Below are answers to some of the most pressing questions. If anything else comes up, please feel free to let our office staff know, and we will be happy to help. We look forward to increasing access to mental health care across the country as part of LifeStance Health!

Q: What is LifeStance Health?

A: LifeStance Health is one of the nation's largest providers of outpatient mental health care. Our 500 centers across the country provide both virtual and in-person mental health care. As part of the LifeStance Health family, we're connected to approximately 4,375 highly trained clinicians in 31 states.

Q: What's happening to our current practice name?

A: Our practice is becoming a part of the LifeStance Health company. This process does not change the mental health care providers or high-quality care you expect from us. In fact, it will enable us to offer access to even more convenient services throughout our service area.

Q: What changes will patients see as a result of the affiliation?

A: You will see a few enhancements focused on streamlining your access to care. The updated processes will reduce the amount of time clinicians spend on administrative tasks, allowing more time and energy with patients. These changes will also improve your ability to schedule appointments, communicate with your provider, and access medical records and forms.



You can expect to see specific changes such as:

- A new Electronic Health Records (EHR) system that will give you easy access to patient forms, scheduling, and many other great resources through our patient portal. Look out for more information on the new patient portal soon!
- In the coming months, our website will redirect to www.lifestance.com. This site will provide access to the patient portal, telehealth waiting rooms, online booking options, information on mental health conditions, resources, and more!
- In addition to the website change, you will notice a change to the logos on our printed materials, signage, and electronic communication.

Q: Will billing or insurance change for patients?

A: As part of this transition, you may see some changes in your explanations of benefits, which may reference LifeStance Health entities. You may also see changes in your out-of-pocket costs and fees once we are fully transitioned to LifeStance Health.

Additionally, since regular attendance at scheduled appointments is a key component of successful health care, if you cannot attend an appointment, we will now require 2 (two) business days' notice in advance to avoid being charged a cancellation fee. To make any changes to your scheduled appointments, please call during normal business hours.

LifeStance Health accepts most major insurance and we are constantly looking to expand the scope of our coverage. If any changes are made to carriers we accept, you will be notified.

Patients can also expect to see the new LifeStance logo appearing on your bill soon.

We are excited about this new chapter for our practice and we hope you are too! We understand that there may be questions, so please feel free to reach out to us at any time.



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