



# Strategic Psychological Services



**A full-service, multi-disciplinary practice offering comprehensive behavioral health services – all in one practice.**

## Improved Patient Access to Behavioral Health Services

### Our Approach

- Collaborative team approach to patient care
- Evidence-based care model
- Individualized, tailored treatment
- Holistic and lifestyle-oriented

### Benefits to Your Practice

- Timely patient contact to increase the likelihood of engagement
- Continuous exchange of pertinent information between providers regarding treatment
- Patient guidance on properly communicating their needs to their PCP
- Increased medication adherence
- Enhanced patient outcomes and quality of care
- Most insurance plans and credit cards accepted

At Strategic Psychological Services (SPS), patients can obtain many of their needed services from our experienced team of psychologists, psychiatrists and social workers, all in the same warm and attentive environment. SPS is designed to act as an extension of your health care team for improved access to a full range of behavioral health services for your patients, including:

### General Services

- Adult, child, adolescent and family counseling
- Marriage and couples counseling (Gottman-trained)
- Adult, child, adolescent and adult psychiatric consultation
- Behavioral and lifestyle change
- Diagnostic mental health assessment

### Specialty Services

- Depression
- Anxiety
- Addictions
- ADHD
- Chronic pain
- Weight management

### Our Practice, Your Care Team

- Dr. Sarah Xavier, Child, Adolescent & Adult Psychiatrist
- Dr. Louis Turchetta, Psychologist
- Dr. Alex Turchetta, Psychologist
- Dr. Mary Ellen Tillotson, Psychologist
- Dr. Mike Werle, Psychologist
- Ms. Diane Ferrara, Social Worker

**Contact us today for more information**

**Strategic Psychological Services**

1035 Post Rd  
Warwick,  
Rhode Island 02888

**Phone** 401-785-0040  
**Fax** 401-941-7847  
**Web** [www.spsri.com](http://www.spsri.com)



# Strategic Psychological Services



## Established Referral Network and Management

Strategic Psychological Services (SPS) provides your patients better access to our comprehensive range of behavioral health services - and improved outcomes - through timely and ongoing correspondence between your physicians and the SPS team.

## Notification sent directly to PCP



### Emergent

Patient contact within 24 hours



### Urgent

Patient contact within 3 days



### Regular

Patient contact within 5 days

### Ongoing flow of information

- Triage mental health issues quickly and efficiently increasing patient access
- Increase likelihood of engagement with timely patient contact
- Continuous exchange of pertinent information between providers
- Increase medication adherence

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