



Post-Treatment Care Information Sheet

- **NUMBING**
 - Usually lasts 2-4 hours
 - Be careful not to bite your lip, tongue or cheek
 - Soft foods while numb
 - Avoid area worked on for 24 hours
- **WHEN UN-NUMB**
 - Make sure bite is **PERFECT**
 - May need adjustment if:
 - ** Your bite feels off or does not come together evenly
 - ** Your mouth or jaw starts to get sore
 - A bite adjustment is quick, free of charge, and requires no numbing
- **MAY BE SORE FOR THE NEXT 24-48 HOURS**
 - Dr. Brya recommends anti-inflammatory 600mg (Ibuprofen, Motrin, or Advil) or Tylenol if unable to take the above
 - Swish with a warm salt water rinse; It helps heal the gums quicker; They should be pink, firm and healthy within the next 2 days.

If Temporary In Place:

- No chewing food on Temporary
- No chewing gum on Temporary
- No flossing around Temporary
- No electric toothbrushes on Temp.
- Be Careful Around Temporary**

***If you have any questions or concerns please call us 517-381-8181