

What Is The Cost?

Cosmetic Consultation: \$75

Syneron ELOS SR/SRA Fotofacial RF™

<http://syneron-candela.com/na/product/emax>

<http://syneron-candela.com/na/treatment/>

[photo-rejuvenation-pigmentation-treatment/clinical](http://syneron-candela.com/na/treatment/photo-rejuvenation-pigmentation-treatment/clinical)

<http://syneron-candela.com/na/treatment/photo-rejuvenation-pigmentation-treatment/howitworks>

STARLUX LUX G PALOMAR®

ICON MAX G PALOMAR®

www.cynosure.com/product/palomar-icon-aesthetic-system

SR (skin rejuvenation), **SRA** (skin rejuvenation advanced), **LUX G** (vascular/pigment) or **MAX G**

-Improve dyspigmentation and mottled pigment

-Assist in clearance of resistant melasma

-Improved tone and texture

-Reduce blood vessels and background redness

-Reduces wrinkles (more effective if combined with ST* therapy) -Evens skin tone and removes "age spots" -Reduce flushing –

-Reduce erythema

COSTS:

IPL with RF (SR or SRA)

IPL with (LUX G or MAX G)

FACE \$325/1 session

or \$825/3pack

HANDS\$200/1session

or \$500/3pack

UPPER CHEST\$325/1session

or \$825/3pack

ARMS\$700/1session

or \$1,850/3pack

Spider Veins: Legs (LV head)

<https://candelamedical.com/na/provider/product/elos-plus>

\$ 350 up to 4 cm sq laser

\$ 450 up to 12 cm sq laser

above 12 cm sq : fee based on size

see sclerotherapy handout for other info

\$275 per avg. session 10 minutes:hypertonic saline

\$375 per extended session 20 minutes

future option chromated glycerin

Reductions in costs may be made if very limited/focal areas of involvement.

Compression stockings, coban self-adherent gauze, or Ace wraps are encouraged for two weeks after the procedure for success and prevention of complications.

Laser Surrender Fees: All lasers are expensive to maintain and/or rent. Therefore, 50% of total charge will be assessed for missed scheduled laser times.

NON-ABLATIVE 1540nm

Advantages: minimal downtime but needs multiple sessions: improves stretch marks, scars, melasma, pigment anomaly, and rejuvenation. Repeat monthly to desired correction.

FACE: \$450/session

NECK: \$450/session

Decollate of chest: \$550/session

HANDS: \$300/session

FOREARMS:\$350/session

****MAX G combined with**

1540 nm laser

face **\$750/sessions**

Pain Control

* APPLY: OTC LIDOCAINE 4% or

RX:Lidocaine 4% otc/4ounces or

RX:Lidocaine 5%/50gm or

RX:EMLA 30gm starting 30

minutes before tx every 10

minutes*all on www.goodrx.com

price subject to change

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PIGMENT AND VASCULAR TREATMENTS

***PHOTOFACIAL* (BBL/IPL)**

Syneron:

>**SR** (580-980 nm) IPL with RF

>**SRA** (480-980nm) IPL with RF

>**LV** (915 nm) Laser with RF

Cynosure/Palomar:

>**Lux G** (500-670 & 870-1200nm)

FACIAL REDNESS, SPIDER VEINS, MELASMA,
LENTIGOS, SUN SPOTS, VENOUS
MALFORMATIONS, VASCULAR CHANGES

>**MAX G** (500-670&870-1200nm)

> **Palomar ICON 1540
nm Non-Ablative Laser**

GDMD

Greater Des Moines Dermatology PC

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Jake Lorsung PA-C

Vascular Lesions

1. Classical lesions for a vascular therapy include port wine stains (nevus flammeus/stork bites) and strawberry hemangiomas.
2. Other vascular changes are cherry hemangiomas and telangectasias (especially on the face)
3. Background facial redness with blood vessel features as in keratosis pilaris, rosacea, flushing, or erythema / redness.
4. Veins: spider veins of the legs

PIGMENT LESIONS

1. Melasma
2. Lentigos/age spots
3. Café au Lait

Advantages

-Minimally invasive and little down time - Easily repeated - Response improves with each treatment - ELOS technology also has a secondary skin tightening module if desired* (extra fee applies) - Reduces brown spots (lentigos, freckling, cafe au lait, off pigmentation and thin seborrheic keratoses) - Reduces "age spots" - Reduces melasma (mottled pigmentation) - Reduces freckling - Reduces erythema (redness/flushing) - Telangectasias (blood vessels) - Evens skin tone - Reduces Poikiloderma of civatte (chronic sun damage change)

The SR, SRA, LV, and LUX G heads emit light in very short flashes called pulses. Treatment has been described as "a rubber band snap".

Recommended for Pain Control

OTC LIDOCAINE 4% or

RX Lidocaine 4% OTC/4ounces or

or RX:Lidocaine 5%/50gm or

or RX:EMLA 30gm

START 30 minutes before arrival &

reapply every 10 minutes

(*all on www.goodrx.com*) All of these

need to be applied prior to visit at a minimum of 30, 20, and 10 minutes prior to start of treatment on the affected site.

Only a thin film should be used. Frequent

thin application is key. If extremely

sensitive, local blocks can also be used.

How Many Treatment Sessions Will It Take?

The number of treatments depends on the size of the lesion, thickness of the lesion, and width of the lesion, and nature of lesion.

Background diffuse blood vessels and redness will be reduced after ONE treatment but it is best to plan on 3 treatments knowing these

extra sessions might not be necessary depending on percent reduction. Skip areas or variable response can occur which can be cleared with the additional therapy. The settings can also be increased with subsequent sessions. Pigment changes will begin reduction even with one session. Many patients will see mild peeling days after session for pigment changes.

Will My Vascular and/or Pigmentary changes Completely Disappear?

In many cases the answer is yes. Often, 90% plus fading of vascular changes can be accomplished with a series of treatments. Pigment tends to improve more rapidly.

However, it is important to remember that the therapy focuses on the blood and pigment.

-The closer one gets to normal, the harder it is to improve the effect. For example, if one gets 80% improvement, an additional 80% improvement of the remaining 20% is not as dramatic.

-We also have a dual (light and ELOS) and triple approach (IPL/laser/ELOS). We now use the benefits of ELOS technology along with the 900nm diode laser and the SR 580-980nm and SRA 470-980 nm IPL head

<https://candelamedical.com/na/provider/product/elos-plus>

This takes advantage of radio-frequency and light therapy.

-The 900nm laser for Syneron (LV 900nm head) to get at deeper vascular changes and even leg veins which the pulsed dye can't! This laser penetrates deeper than the pulsed dye laser and is less pigment influenced.

-If the vascular plaque has a more superficial, red component, the SR head (580-980nm) can then be used to get the superficial component. In thicker vascular lesions, both LV and the SR head may be used or the SRA if pigment focus.

-The LUX G Palomar has a unique vascular filter. This may be even more effective than the SR therapy. The LUX G rivals pulsed dye laser when using dual pulse width settings.

The MAX G has even more power

www.cynosure.com/product/palomar-icon-aesthetic-system

*Port Wine Therapy Fees are based on size of lesion. Port wine stains are typically covered by insurance but are thicker and require more

therapy. We typically use both the SR Head and the LV head when treating port wine stains or the Lux G or MAX G.*

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4690461/>
<https://www.mdedge.com/dermatology/article/54428/aesthetic-dermatology/optimized-pulsed-light-impressively-clears-port-wine> www.nbcnews.com/id/wbna40584120

What Post Treatment Care Is Needed?

Occasionally, there will be redness, peeling, crust, or scale after a treatment. Vaseline, Aquaphor, Cetaphil, Ceravae, or Vanicream should be applied to the area frequently following treatment.

-The treated area should be kept clean and ointment applied regularly.

-Showering is encouraged after the procedure. However, no scrubbing, astringents, toners, or exfoliants should be used.

If using higher fluence (power), bruising and dusky changes are also possible which may take 2-3 weeks to resolve.

-Sun protection is advised following the procedure.

Oil of Olay Complete®, Cetaphil sunscreen®, Ceravae sunscreen®, Neutrogena Facial sunscreen with moisturizer®, Purpose 30® are good for the face with moisturizer built in. Make-up may be used as long as no marked crusting or flaking issues develop as these require more judicious emollient use.

These can be used in concert with the Venus Legacy, Syneron eMax ST head and ICON 1540 nm non-ablative head if more skin tightening is desired.

MAX G combined with the 1540 nm NON-ABLATIVE Laser

www.threeforme.com

****MAX G along with 1540 nm laser **\$750/session:**

facial rejuvenation to address pigment, vascular changes, scars, skin tightening, and wrinkles with minimal downtime -can repeat monthly for more effect