

Laser therapy is a solution for injuries and pain management!

Kizzie had a severe case of sciatica nerve pain. She experienced an intense shooting pain that radiated across her buttock and lower back to the hamstring and toes. Being able to do normal activities like getting dressed or doing household chores were difficult. Her condition was so debilitating she was not able to walk. She tried home remedies like stretching, icing, rest, and over the counter pain medications but nothing seemed to relieve the pain. When she arrived at the Illinois Laser Center for an appointment, she was escorted into the clinic in a wheel chair by her brother Ed Horton (former basketball standout at Lanphier High School, University of Iowa, and NBA Washington Bullets).

Ed sat down with Dr. Sigle, founder of the Foot & Ankle Center of Illinois and Illinois Laser Center, and said he heard good things about laser therapy from friends and family. According to Ed, "My family has been at their wits' end trying to help my sister and we didn't know where to turn. She's been in awful pain and can hardly function."

Dr. Kennedy, chiropractor and Director of the Illinois Laser Center, decided to combine chiropractic treatments with Cutting Edge MLS laser therapy to treat Kizzie's sciatica pain condition. In a couple of weeks, Kizzie was able to drive to the clinic for laser treatments and walk without assistance. She was also able to return to work and to resume her normal daily activities. According to her brother Ed, "The treatments were nothing short of a miracle. They gave my sister her life back."

"Losing my mobility was awful and embarrassing," said Kizzie. "The pain was so bad I couldn't function. I didn't want to be a burden on my family. I didn't know where to turn until my brother found out about the Illinois Laser Center. The medical staff was wonderful and really took care of me. I am so grateful the treatments worked. Now I can do my normal activities without pain and get around without assistance."

Larry Austin Jr., former Springfield basketball standout, had a severe groin



Larry Austin on the court. Photo by John Regenfuss

pull that caused him to temporarily suspend his professional basketball workouts. According to Larry, "I have been getting laser treatment for many athletic injuries since high school and the laser always improves my condition quickly. Dr. Sigle is really careful and thorough when I have a foot or ankle injury. He has an MRI and CT scanner at the clinic to make his diagnosis and lasers to help the healing process. This past month while playing in Portugal, I had an injury that sidelined me. When I came home to visit my family, I had five laser treatments. I am good to go now! I have had a lot of medical care all over the world but nothing compares to the care I get here. Dr. Sigle and his staff really about me!"

According to Dr. John Sigle, "Many of the NFL, NBA, MLB, and college teams are using laser treatments for their players. We have had this technology in our clinic for nine years and the results have been impressive. Eighty to ninety percent of the laser patients get major relief from pain and improved mobility. We are fortunate to

be able to offer patients an alternative to injections or other invasive treatment when traditional modalities are not producing relief."

"Whenever possible, we also use the MLS laser for all surgical patients to reduce swelling and pain, and to speed up healing. Most surgical patients recover better and are able to return to work faster if they have laser therapy," said Dr. Sigle.

"I believe we are the only medical clinic between Chicago to Alton to offer Cutting Edge MLS Laser therapy. Patients like Kizzie and Larry are experiencing extraordinary results from laser treatment and improving their quality of life," said Dr. Kennedy.

To receive additional information or to schedule an appointment, call the Illinois Laser Center at (217) 670-2160. Visit myfootandanklecenter.com to view a short video that explains this laser technology, and hear what patients and physicians are saying about their experience. Also read about the advanced diagnostic imaging offered at the Foot & Ankle Center of Illinois.

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