

MLS Laser Therapy



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A Preferred Path for Pain Management!

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Tom had a severe case of psoriatic arthritis in his hands. His fingers were swollen like sausages and he couldn't shake hands or play golf. His doctor told him the only option was to take injections and pain medication. After learning about MLS Laser therapy, Tom started with a ten-minute treatment on both hands three times a week. His pain was cut in half after the first week. "After three more treatments during the second week, my hands were almost back to normal and swelling was almost completely gone. After two more treatments the third week, the pain was gone, and I was back to normal activity. Now, I am on a maintenance program and get a treatment every other week. My arthritis is completely in control without injections or other medications," said Tom.

Margret had a total shoulder replacement that had a bad outcome resulting in revision surgery. Six months following surgery, she experienced stiffness in her shoulder and pain and relied heavily on pain medications. She needed assistance to dress and had difficulty doing routine tasks. After six MLS Laser treatments over two weeks, Margret's husband said, "It's the first time in over a year that my wife has been able to put on her sweater without help and do the dishes. She's also forgetting to take her pain killers, and that's a good sign!" Margret continued treatments for five weeks. Her strength and motion were restored, and she was pain free. According to Dr. Kennedy, Director of the Illinois Laser Center, "The laser treatments facilitated her recovery after surgery and she was able to resume normal activities. She and her husband were elated!"



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Angel was a dental assistant who could no longer bear the pain of a bunion on her foot. Within a week following bunion surgery, she had MLS Laser therapy. According to Angel, "I had to take pain medications the first week after surgery but stopped taking them as soon as I had two to three MLS Laser treatments. The swelling went down and my pain almost vanished. I was able to return to work in a week and exercise after three weeks. It was really great."

The Illinois Laser Center in Springfield, Illinois, is the first facility in Central Illinois to offer the next-generation MLS Laser therapy. Now, patients like Tom, Margret, and Angel are experiencing extraordinary results because of cutting-edge laser technology and specialized care.

"The MLS laser is remarkable technology," said Dr. Jared Kennedy, "It's the most advanced laser available to the medical community because it offers a patented delivery system; a multi-wave locked feature with two separate wavelengths and pulse emissions that work simultaneously with each other. The laser is actually two lasers in one that allows us to treat two areas at the same time with different energy intensities that reduce inflammation and pain."

According to Dr. Gonzalez, podiatrist and foot and ankle surgeon, "During the initial consultation, we do a thorough assessment. Under certain conditions, advanced imaging may be used to acquire an accurate diagnosis. We are lucky to have an advanced 3D CT scanner (computerized axial tomography) and Extremity MRI (magnetic resonance imaging) at our clinic in Springfield. In some cases, we may also use Ultrasound equipment to diagnose soft tissue problems or vascular testing equipment to assess lower leg pain and blood flow before prescribing laser therapy."

"We don't rush into prescribing laser treatment for a particular problem if we believe a more comprehensive diagnosis is required or if other medical treatments are necessary," said Dr. Sigle. "It



wouldn't be wise to proceed with laser treatment if we discovered a bone fracture, dislocation, severe tendon tear, or other mechanical problem that needs to be addressed."

"Many patients who haven't had physical therapy for years are able to get significant relief of pain. Often times, I prescribe laser treatments in conjunction with chiropractic adjustments. It has been particularly effective for treating arthritis, elbow tendonitis, neck and shoulder pain, hip and sciatica pain, lower back pain, and knee pain. If you want an alternative therapy that is fast, effective, and affordable, this is wonderful option," said Dr. Kennedy.

Patients are moving away from the popular path of surgery and painkillers and leaning toward MLS Laser therapy because it accelerates the body's natural healing process.

Dr. Gonzalez also praises this technology as an effective alternative to using Oxycodone for pain relief. "Recognizing that some patients may misuse pain medications, we recommend MLS Laser therapy for pain management. We also have found that MLS Laser therapy is ideal for post-operative recovery."

"When patients ask me if MLS Laser therapy works, I tell them 'yes,' and it is long lasting! We experience positive results in over 80 to 90 percent of the patients who follow our protocol," said Dr. Kennedy.

According to Dr. Sigle, "MLS Laser treatment means relief from pain without medication, injections, or surgery for the vast majority of cases. It has no side effects, and treatments are quick and painless. We are having great results with treating heel pain, ankle sprains, Achilles tendonitis, shin splints, peripheral neuropathy, and lower leg pain. We have given well over a thousand treatments during the past six years. It has enhanced our practice and changed the way we approach pain management, physical therapy, and post-operative care. On average, we are seeing a 50-percent reduction in recovery time for surgical patients. The MLS Laser restores, rejuvenates, and heals patients faster."

To receive additional information or schedule an appointment, call the Illinois Laser Center at 217-670-2160. MLS Laser treatments are available in Springfield and Decatur. Visit myfoot-andanklecenter.com to view a short video that explains this technology, and hear what patients and physicians are saying about their experience.