

# FOOT & ANKLE CENTER OF ILLINOIS

## OPENS FULL-TIME CLINIC IN DECATUR



Founder and President  
John Sigle, DPM, FACFAS

### Submitted by Foot & Ankle Center of Illinois

Founded nine years ago in Springfield, Illinois, the Foot & Ankle Center of Illinois (FACI) has built an exemplary network of clinics in central Illinois that have become the preferred destination of patients with difficult foot and ankle problems.

More than five thousand patients seek the FACI's expertise each year in clinics located in Springfield, Decatur, Taylorville, Shelbyville, Sullivan, and Carlinville. This year, FACI intends to expand its presence in Decatur by opening a full-time clinic located at HSHS St. Mary's Hospital.

According to its founder and President John Sigle, DPM, "I am delighted to announce that we opened a full-time clinic in Decatur and recruited a very talented surgeon to join our medical team."

FACI recently moved into a new clinic in the 1770 building on the HSHS St. Mary's Hospital campus. The new clinic provides sufficient space to accommodate FACI's special technology and treatment rooms, and is extremely accessible and convenient for patients. The clinic will be open five days a week, Monday-Friday, 8am -5pm; and physicians will be available for trauma and emergency needs as needed. Both Dr. Sigle and Dr. Gonzalez will continue to see patients at St. Mary's two days a week; and their new associate Christopher Collazo, DPM, will be on site five days a week.

According to Dr. Sigle, "Dr. Collazo has a distinguished academic record of achievements and training. He will provide immense value to our team and to the community. Dr. Collazo joins us after completing an advanced surgical fellowship at the Weil

Foot, Ankle, and Orthopedic Institute in Des Plaines, Illinois."

The Fellowship at the Weil Foot & Ankle Institute is recognized as the premier Podiatric Surgical Fellowship in the United States. This fellowship was founded by Lowell Weil Sr. and his son Lowell Weil Jr. Both podiatrists are recognized as world-renowned foot and ankle surgeons. Dr. Weil Sr. practiced in the Chicagoland area for more than sixty years and was the team podiatrist and consultant for the Chicago Bears and Chicago White Sox. He was a key opinion leader in his specialty and frequently invited to deliver lectures, conduct workshops, and provide product development expertise for the medical device industry.

His son, Lowell Weil Jr., is currently the CEO of the Weil Foot & Ankle Institute. He is also highly regarded for his innovative surgical skills, and has pioneered surgical techniques including the dorsal approach plantar plate repair. Dr. Weil Jr. is the founding partner of Foot and Ankle Business Innovations (FABI), a practice management training and mentorship service that helps physicians improve their patient care, the health of their practice and their quality of life. He is the author of more than 50 papers and text book chapters. A sought after speaker, he has lectured in 13 countries on five continents and in 28 different states. He previously served as the co-editor of Foot and Ankle Specialist, the world's only combined orthopedic and podiatric peer-reviewed journal.

According to Dr. Sigle, "We conducted an extensive search to recruit top fellow-trained surgeons to join our team who had distinguished academic and research training. Dr. Weil Jr. is a colleague of mine and he personally recommended Dr. Collazo for the interview. We were very fortunate to recruit him."

Dr. Collazo is Board Qualified in Foot and Reconstructive Rear Foot/Ankle Surgery by the American Board of Foot and Ankle Surgery National Board of Podiatric Medicine Education.

Prior to his fellowship he was a Resident Physician at Sanford Medical Center, Fargo, North Dakota and served as Chief Resident.

He received his Doctor of Podiatric Medicine (DPM) from Des Moines University, Des Moines, Iowa College of Podiatry

*continued on page 40*



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Christopher J.  
Collazo, D.P.M.

### Christopher J. Collazo, D.P.M.

is an advanced foot and ankle surgeon/podiatrist serving Decatur and surrounding areas.

Dr. Collazo completed an advanced surgical fellowship at the Weil Foot, Ankle, and Orthopedic Institute in Des Plaines, Illinois,

which is recognized as the premier Podiatric Surgical Fellowship in the United States.

He was a three-year Resident Physician at Sanford Medical Center, Fargo, North Dakota and served as Chief Resident.

Dr. Collazo earned his Doctor of Podiatric Medicine (DPM) degree from Des Moines University, Des Moines, Iowa, College of Podiatry Medicine and Surgery.

He received his Bachelor of Science (BS) in Biology from Texas A&M International University, Laredo, Texas. He graduated with Cum Laude honors. He was also an NCAA Division II Scholarship Baseball Player.

Dr. Collazo is Board Qualified in Foot and Reconstructive Rear Foot/Ankle Surgery by the American Board of Foot and Ankle Surgery National Board of Podiatric Medicine Education.

**217.787.2700**

[www.myfootandanklecenter.com](http://www.myfootandanklecenter.com)

## Opens Full-Time Clinic in Decatur

continued from page 39

Medicine and Surgery: He received his Bachelor of Science (BS) in Biology from Texas A&M International University, Laredo, Texas. He graduated with Cum Laude honors. He was also an NCAA Division II Scholarship Baseball Player.

According to Dr. Sigle, "Dr. Collazo is an outstanding physician and person with a high degree of talent and passion to serve the Decatur and surrounding areas. We recognized his ability and desire to bring a high level of care to our patients. We are pleased to add him to our practice. We believe the community will love him and he will provide advanced foot care to the area for many years to come. He represents the quality of excellence we constantly strive to provide."

If you are seeking foot and ankle care, contact the Foot & Ankle Center of Illinois at 217-787-2700. Visit [myfootandanklecenter.com](http://myfootandanklecenter.com) for additional information about Dr. Collazo and to learn about his areas of expertise and personal interests.

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# FORGETTING TO PUSH "SEND"

By Nancy Carlson Dodd

It has been said that "Old age ain't for sissies." The older I get, the more I realize the truth of that adage and sometimes think I should have it tattooed on my arm. Please forgive my "complaining", but I thought perhaps it would make you feel better knowing that if you often "make silly mistakes" you are not alone in your mishaps. So here goes.

I consider myself a relatively "able" senior citizen. My children introduced me to "modern technology" years ago by gifting me one of the first word processors, forerunner of the desktop computer. When they gave it to me for my birthday, I was panicked and thought I would never be able to learn to use it, but their patience and persistence opened new worlds for me. This Brother's Word Processor had a screen with a keyboard connected to it. I would type something on the keyboard, and it would appear on the screen. After I had proofread it and made all the corrections, I would push "print" and like magic, with no one touching it, the machine would quickly print what I had written, just like I had seen it on the screen. What a marvel it was! I used it at work, and my office mates were truly impressed, as were my clients.

I do recall that when I was a student at Indiana University in the 1950's, I had been shown one of the first computers. It took up a whole huge room!!! Just huge, towering machinery!

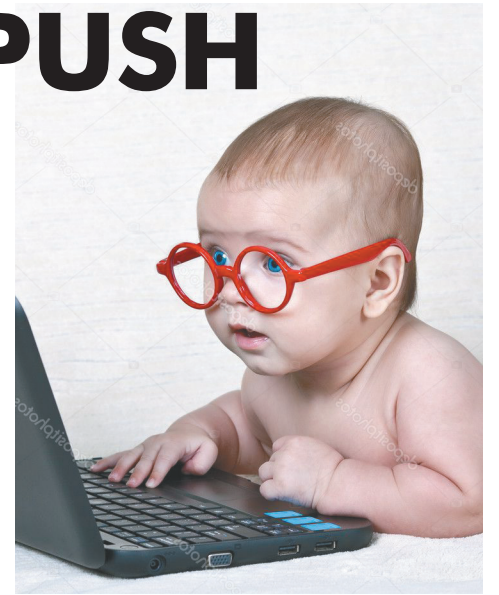
The next step for me after the Word Processor was to purchase a computer after they had been sized down for desktops. Once again, despite my protests, one of my sons patiently taught me how to use a computer while I was visiting him. My plea, "I don't want to

learn that! It's too complicated!" was ignored. Thank heavens. As the time passed and my workplace gained more and more computers, I easily glided into the habit of using them constantly. And then, of course, that wonderful technology invaded our cell phones, and a quick text accomplishes what phone calls used to.

Well, it seems that new technology always seems to bring on new complications. Lately, I have found that I write a text (or even speak it verbally into my phone and it is translated to the written word) quite often; however, I have learned this important lesson: If you don't push "send", your text will not be received. Daggone it! I have no idea if it is "old age" bugging me with the virus of "forgetfulness" or what is causing this recent development. I'm afraid that if it is a virus, there will be no vaccine for it. I have also realized lately that appliances do work better if they are plugged in or turned "on". Gosh, kind of a valuable lesson to learn ... and I am just now learning it? Well, I guess re-learning it. Time after time.

Another symptom of "my age" is that I often find myself the victim of my own carelessness. Recently, while my husband and I were staying in a hotel using their unfamiliar bathroom, I absent mindedly sprayed my hair with a small Bathroom Aerosol which I carry with me in my cosmetic bag instead of hairspray. Well, they were sitting side by side and about the same size. How was I to know? I was in unfamiliar circumstances. That is my excuse and I'm sticking to it. By the way, my hair smelled marvelous but didn't hold up worth a darn. George remarked sweetly that I smelled like a summer day. (Not funny, McGee!)

When I am perplexed about something, I usually find



the solution by consulting one of my children. "Hey, Mary, how do I change my Skype name?" Or, "Hey, David, how can I set my Away Message with this new desktop?" And even, "Okay, Doug, how do I change the name of this document?" They usually come to my rescue immediately. Which leads me to wonder, "How do Sr. Citizens find out anything if there are no young people in their lives? How can they exist? Young people are constantly my teachers."

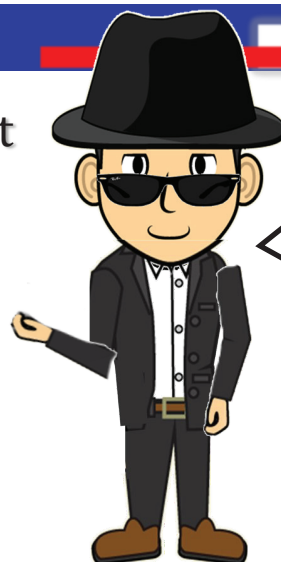
The new art of Zooming is surely a benefit to society, especially in this time of Social Distancing. It is so easy to use if you have someone else set it up. For those of you who have never "zoomed", it's a way you can click on a link on your computer, and if you have a camera with your computer, you can have a meeting with others, just like they are in the room with you. You can see everyone and talk to everyone. It has been a life saver during this time of quarantine due to pandemic, and it will be used for years in businesses.

I often think that I will die just in time, before new technology becomes so complicated that I get so mad at my computer that I unplug or shoot it. But then, of course, most things work better if they are plugged in. Well, I will have the last word with my computer, that's for sure ... just after I spray my hair with Glade!

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