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### Bedford

- #1 Choice - Get in Shape for Women
- #1 Choice - Summit Health and Fitness

### Billerica

- #1 Choice - Curves
- #1 Choice - Weight Watcher

### Burlington

- #1 Choice - Jenny Craig Weight Loss Center®
- Honorable Mention - Empire Sports Club

### Lexington

- #1 Choice - Weight Watcher's®
- Honorable Mention - Boston Sports Club
- Honorable Mention - Curves
- Honorable Mention - Inshape

### Jewksbury

- #1 Choice - Weight Watchers

### Wilmington

- #1 Choice - Academy of Traditional Karate

### Winchester

- #1 Choice - Get in Shape for Women®
- Honorable Mention - Weight Watcher's

### Woburn

- #1 Choice - Weight Watchers®

## DOCTOR/PRIMARY CARE PHYSICIAN OR PEDIATRICIAN

### REGIONAL FAVORITES

#### GOLD

Woburn Pediatric Associates, Woburn

#### SILVER

Wilmington Pediatrics Inc., Wilmington

#### BRONZE

Lahey Clinic, Burlington

### Bedford

- #1 Choice - Patriot Pediatrics
- Honorable Mention - Dr. Mitchell Feldman
- Honorable Mention - Dr. Magda Mihail

### Burlington

- #1 Choice - Burlington Medical Associates

### Burlington

- #1 Choice - Lahey Clinic®
- Honorable Mention - Harvard Vanguard Medical Associates
- Honorable Mention - Burlington Pediatrics/ Dr Ruben
- Honorable Mention - Dr. Thaddeus Nigborowicz
- Honorable Mention - Dr. Robert Brew

### Lexington

- #1 Choice - Dr. Ralph Freidin
- #1 Choice - Dr. Christine Winger
- Honorable Mention - Dr. Eric Guardino
- Honorable Mention - Dr. Sam Andonian
- Honorable Mention - Bedford Lexington Internal Medicine - Dr. Norman Weinberg
- Honorable Mention - Dr. Zangara

### Jewksbury

- #1 Choice - Family Care Center of Tewksbury
- Honorable Mention - Dr. Ann Kenney MD
- Honorable Mention - Merrimac Family Medicine
- Honorable Mention - Dr. John Ragucci MMC

### Wilmington

- #1 Choice - Wilmington Pediatrics Inc.®
- Honorable Mention - Dr. Lillian S. Moy-Yee
- Honorable Mention - Dr. Sharon A. Stotsky

### Winchester

- #1 Choice - Dr. Jonathan Adler
- #1 Choice - Dr. Dennis Markovitz

- Honorable Mention - Dr. Nada Kerouz
- Honorable Mention - Dr. Paul Radvany

### Woburn

- #1 Choice - Woburn Pediatric Associates®

## DENTIST OR DENTAL OFFICE

### REGIONAL FAVORITES

#### GOLD

Lawnicki Dental Care, Winchester

#### SILVER

Dr. Paul Dimattia, DDS, Lexington

#### BRONZE

Dr. Wassem Attar, Bedford

#### BRONZE

Billerica Dental Associates, Billerica

### Bedford

- #1 Choice - Dr. Wassem Attar®
- Honorable Mention - Dr. Dianne Bridgeman
- Honorable Mention - Dr. Robert Kennedy

### Billerica

- #1 Choice - Billerica Dental Associates®
- Honorable Mention - Matthew Healey, DMD
- Honorable Mention - Bryan Lyons, DMD

### Burlington

- #1 Choice - Advanced Stressfree Dentistry
- Honorable Mention - Gentle Dental
- Honorable Mention - Dr. Paul G. Lombardo, Dds

### Lexington

- #1 Choice - Dr. Paul Dimattia, DDS®
- Honorable Mention - Lexington Dental Association
- Honorable Mention - Dr. Michael Coppe, DMD

### Jewksbury

- #1 Choice - Dr. Cooper Spiller & Nahata
- Honorable Mention - Bouselis Family Dental Care
- Honorable Mention - Dr. Barry Chudnofsky

### Wilmington

- #1 Choice - Sevak Abrahamian, DDS
- Honorable Mention - Silver Lake Dental

### Winchester

- #1 Choice - Lawnicki Dental Care®
- Honorable Mention - Pediatric Dental Associates

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