

ARP FOOT AND ANKLE CLINIC, P.A.
DR. ERIC A. ARP
801 S. COLLEGE ST.
MOUNTAIN HOME, AR 72653
870-425-7363
PREOPERATIVE ORDERS-OUTPATIENT SURGERY

Please report to the **MEDICAL ARTS BUILDING, SURGERY RECEPTION
DESK**

_____ at _____ o'clock. This is approximately one hour
before surgery. **WE WILL NOT HAVE YOUR CHECK IN TIME UNTIL A
FEW DAYS PRIOR TO YOUR SURGERY. WE WILL CALL YOU.**

Reminders: PLEASE TAKE BOOT OR SHOE WITH YOU TO HOSPITAL

DO NOT eat or drink anything after midnight prior to surgery.

Please take a complete medication list (including dosage and strength) with you to the hospital.

Please hold your normal medications the morning of surgery. You may take them when you return home. **All blood thinners, aspirin, and high doses of Vit D need to be stopped 3 to 4 days prior to surgery.**

Please do not wear nail polish and leave all jewelry at home.

Make sure to show up for your physical if we scheduled one with your family doctor, have lab work done and pre-register at **2ND floor registration, Medical Arts Building** of the hospital. If your lab work will be done elsewhere, please **call 508-1865** to pre-register **make sure you speak with a nurse (Lynn or Mary). All of this has to be done within 7 days of surgery, NO SOONER.**

Make arrangements for someone to bring you home from the hospital, and be with you for the next 24 hrs. You will NOT be able to drive home from surgery.

IF you are non-weight bearing, please make sure you have a walker or crutches. **YOU WILL NEED ONE.**

On day of surgery, please check in at the surgery reception desk in the medical arts building of the hospital.

