Repronex* (menotropins for injection, USP) FOR INTRAMUSCULAR INJECTION

Your doctor has just prescribed REPRONEX. This instruction sheet will help you prepare and inject your medication at home. If you have any questions, don't hesitate to call your doctor or nurse.

Before you start

- Wash your hands with antibacterial soap and use an alcohol pad to clean area that you will be working on.
- Have these supplies ready: A vial (or vials) of REPRONEX powder, a vial of Sterile Diluent, syringes and sterile needles, disposal container, alcohol pads, rubbing alcohol, and cotton balls. If you do not have all of these items, inform your doctor or nurse.

Preparing your medicine and filling the syringe

Remember: Only Sterile Diluent may be used to reconstitute REPRONEX.

Do not use any other liquid.

- Remove syringe and needle from the wrapper, making sure needle is secure. Set it aside.
- Remove plastic caps from tops of vials of REPRONEX and Sterile Diluent.
- Sterilize tops of vials by wiping them with alcohol. Don't touch tops of vials once they have been sterilized.
- Uncap needle by pulling it straight out.
 Avoid twisting—this will cause needle to come off syringe.
- Insert needle through rubber stopper of Diluent vial.
- Tip Diluent vial and, with needle in fluid, draw fluid into syringe up to 2cc mark.

 Inject Diluent fluid into vial of REPRONEX powder, gently aiming fluid at side of vial.

The REPRONEX powder will dissolve quickly do not shake vial because you do not want to create bubbles.

- As soon as powder has dissolved, draw all reconstituted REPRONEX solution into syringe.
- There are two possible methods of withdrawing medication:
- Leave vial on counter, tilt vial at end, and withdraw full solution

OR

- After inserting needle in vial, turn vial upside down to withdraw medication. Slowly lower needle as you withdraw full solution.
- Hold syringe straight up, tap it so that any air bubbles rise to top, then slowly press plunger just a <u>little</u>, until a drop of liquid forms at tip of needle.
- Carefully recap needle to keep it sterile.

If uncapped needle EVER comes into contact with anything but REPRONEX or Sterile Diluent, or with own skin as you inject, immediately remove needle and replace it with a new one.

REPRONEX solution is now ready for injection.

See injection instructions on the other side.





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Injecting your medicine

First, prepare the injection site

- REPRONEX needs to be injected into muscle of the upper buttocks, below the hipbone.
- To find injection site, place one finger on your hipbone and make a "V" with your thumb and forefinger.
- Swab area with alcohol.
- To relax muscle, try standing pigeon-toed or bending your leg slightly, placing your weight on your other foot.

Now you're ready to inject REPRONEX

- Uncap needle and insert it straight into skin-in one smooth motionuntil needle disappears.
- · To make sure you haven't hit a blood vessel, pull back a little on the plunger. If you don't see blood in the syringe, you can proceed with injection.

If you ever do hit a blood vessel, and see blood in the syringe, always withdraw the syringe and replace needle with a new one. Then repeat injection process.

- Slowly push plunger all the way in, until you have injected all the REPRONEX.
- Pull syringe straight out—again, using one smooth motion.

If you have a little bleeding after the injection, don't worry. Just press the site with cotton for about 10 seconds, and cover it with an adhesive bandage.

Dispose of the syringe and needle

- Immediately after injecting REPRONEX, safely dispose of all used materials in a Sharps container with a lid. A glass jar may also be used.
- . Be sure to ask your healthcare provider about how to properly dispose of the container.

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