

Instructions and Care for Dentures and Partial

- You may have a few sore spots initially after wearing your denture or partial, this is normal. These spots should “toughen” over a few weeks, and your denture can be adjusted to alleviate some of this discomfort. Brushing your gums once a day may help to “toughen” them and is important in maintaining good oral hygiene.
- Your new bite may not feel completely comfortable for a few weeks, this also can be adjusted.
- Clean your dentures every day with a denture brush and mild toothpaste. It is recommended that you leave your denture out of your mouth at night and soak them in room temperature (NEVER HOT) water. Be sure to keep your dentures moist while you are not wearing them.
- Over time (often years), your gums will shrink. This may cause your denture to feel loose or ill fitting. When this occurs, your denture can be relined at your own expense.
- If your denture breaks, needs repair or is lost, the cost may not be covered by the insurance due to policy restrictions and frequency limitations and therefore may be your financial responsibility.

Patients Signature: _____ Date: _____

Witness: _____ Date: _____