

## **Instructions following Oral Surgery**

- No rinsing, spitting or drinking through a straw for 48 hours
- Keep fingers and other objects out of mouth
- Eat and drink cool, soft foods for the next 48 hours, being sure to chew away from the surgical site
- NO smoking and NO alcohol, as they can irritate your surgical site
- DO NOT wear removable dentures until instructed by the office to do so
- Your sutures are dissolvable and will fall out on their own
- Take all medication as prescribed and call the office with any questions or concerns.