

**David E. Peters, D.D.S., M.S., P.C.**  
**TMD & CRANIOFACIAL PAIN**

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You have been given a prescription for medication today. The medications used for our patients are usually included in the following groups:

1. Anti-inflammatory cream used to reduce pain and swelling in the TM joints - If a rash develops, discontinue use and call the office.
2. Oral anti-inflammatory medication to reduce swelling and tenderness in joints and muscles - These medications also reduce pain. The most common side effects are stomach or intestinal problems such as stomach discomfort, diarrhea, constipation, etc. Edema (swelling) and bruising may also occur. Do not take aspirin or ibuprofen type over-the-counter medications (Advil, Nuprin, or Motrin) if you are taking a prescription anti-inflammatory medication.
3. Medications to improve sleep and decrease clenching (bruxism) during sleep - The most common side effects of these medications are nightmares, dry mouth and sleepiness the next day.
4. Muscle relaxants to reduce muscle spasms - The most common side effect is sleepiness.
5. Pain medication to decrease pain - The most common side effects are stomach or intestinal problems and sleepiness. Care should be taken if operating machinery. These medications may be addictive; therefore, time limits are indicated for their use.

Note: Any medication containing a barbiturate (e.g. Butalbital combinations) may reduce the effect of oral contraceptives. An alternative form of contraception may be required while taking the medication.

General Instructions:

Other side effects, such as rashes, are possible with medications. Your pharmacist will provide you with additional information. If side effects occur, stop taking the medication and contact our office.

Always take medications only as directed. Do not take more or less than instructed. Pain medication should be taken on an "as needed" basis in the recommended time frame.

Refills will be provided from Monday morning to noon Thursday. Therefore, if medications are needed, please have your pharmacy call for refills during these hours for doctor approval. We will provide mail-order prescriptions for certain medications if needed by your insurance company.

Refills are not anticipated.

Refills may be needed.