

# Paul L. Dionne DMD

GLEN RIDGE DENTAL ARTS & NORTH JERSEY DENTAL SLEEP MEDICINE

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**G**len Ridge Dental Arts has served the community for over 25 years. Dr. Dionne explains the practice's success:

"We treat all of our patients as though they are our family members; we genuinely look forward to seeing our patients, and we simply treat them how we would want to be treated, professionally, with kindness and understanding and in an ultra-clean environment with state-of-the-art equipment."

Our office is concierge-like with a boutique-type atmosphere. "We schedule one patient at a time and focus on that patient from start to finish; I do not travel back and forth treating patients in multiple rooms. My team and I give our complete attention to our patients' needs and their comfort, listening carefully to their concerns and answering any questions they may have." This emphasis on care and attention extends to the friendly and communicative front office and to the caring dental assistant who will hold a patient's hand or provide a warm therapeutic weighted blanket if needed to ease anxiety.

While Dr. Dionne is lauded for his care and compassion, he is renowned for his expertise and cutting-edge technology. He has advanced training and considerable expertise in reconstructive dentistry and is an expert in cosmetic dentistry. He takes pride in creating a beautiful smile in the span of a few weeks and advocates that good health begins in the mouth.

Dr. Dionne also specializes in the treatment of snoring and obstructive sleep apnea with the use of oral appliance therapy. This non-invasive treatment option looks like a sports mouth guard and is worn only during sleep, supporting the jaw in a forward position to help maintain an open upper airway. It fits seamlessly into patients' lifestyles and is an effective alternative to CPAP therapy.

He shares high-definition intraoral camera images with patients to underscore preventive practices. "Home care is critical for our patients' overall health and using the camera to review areas of plaque and tartar accumulation gives them a good understanding of their diagnosis." When deciding on treatment, he provides patients with a full facially-generated plan, explaining, "It's going beyond examining the teeth and addressing the esthetics of the smile. I evaluate the smile line and lip support, the muscles and mastication." The 3D intraoral scanner can be used to take full arch impressions for Invisalign patients as well as oral appliance therapy for sleep apnea patients. It is also a more convenient and comfortable way to impression crowns, bridges, and implant restorations.

Dr. Dionne's credentials are impeccable. After obtaining his undergraduate degree at Temple University, Dr. Dionne received his dental degree from the University of Medicine and Dentistry of New Jersey and completed a residency program for obstructive sleep apnea at Tufts University School of Dental Medicine. He is a Diplomate – American Academy of Dental Sleep Medicine. He is also on staff at Mountainside Hospital, where he shares his expertise with dental residents.