

\*capsules can be opened and sprinkled into food/beverage\*

## Probiotics

### Baby

#### Florastor Baby (2 mo-2yr)

- 1 stick, 1-2x per day, mix into formula/milk/soft food



#### Culturelle Baby Probiotic Drops (0-12 mo)

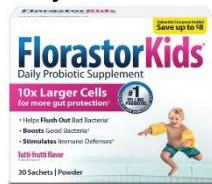
- 5 drops per day, orally



### Kids

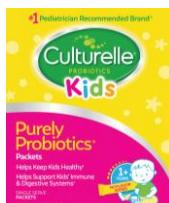
#### Florastor Kids (2 yr-12yr)

- 1 stick, 1-2x per day, mix into soft food/beverage



#### Culturelle Kids Purely Probiotics Packets (1 yr+)

- 1 packet per day, mix into cool drink/food



### Older Kids (12 yr+)

#### Florastor Regular

- 2 capsules, 1-2x per day



#### Culturelle Digestive Daily Probiotics Capsules

- 1 capsule per day



#### Culturelle Baby Healthy Development Packets (12-24 mo)

- 1 packet per day, mix into cool drink/food



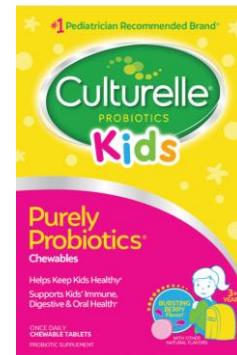
#### Gerber Good Start Probiotic Drops (0-12 mo)

- 5 drops per day, orally



#### Culturelle Kids Purely Probiotics Chewables (3 yr-12 yr)

- 1 chewable per day, can be taken with/without food



#### Culturelle Prebiotic + Probiotic Gummies

- 2 gummies per day



okay to purchase generic equivalent