



Autism Resources

Hope Bridge (480) 559-8089 (hopebridge.com)

- Diagnosis and ABA Therapy for ages 18 months-12 years
- Referral required for testing
- Accepts AHCCCS Plans

Ascend Behavior Partners (480) 757-8090 (ascendbehavior.com)

- Diagnosis ages 18 months-7 years and ABA Therapy up to age 6
- Accepts AHCCCS plans

Young Mind Community Center (602) 237-6653 (youngmindcommunity.org)

- Diagnosis and ABA/ESDM Therapy

Axis for Autism (602) 888-8882 (axisforautism.com)

- Diagnosis & ABA Therapy ages 12 mos+
- Accepts AHCCCS plans

Autism Spectrum Therapies (866) 727-8274 (autismtherapies.com)

- Diagnosis & ABA Therapy at all ages

Bierman Autism Center (877) 943-8222 (biermanautism.com)

- Diagnosis and ABA Therapy at all ages

Arizona Pediatric Assessment Center (480) 673-1938 (azassessment.com)

- Ages 2-23 years, Autism, Learning Disabilities
- Self-Pay Only

Arizona Neuropsychology Centers (480) 297-4492 (azneurocenters.com)

- Services: Autism, Dyslexia, IEP and Gifted Evaluations

Dr. Gustavo Franza, Psychological Services (602) 430-1458

- Patients ages 6+, Services in English and Spanish

Gentry Pediatrics Behavioral Services (602) 368-3282 (gentrypbs.com)

- Services: Diagnosis, treatment consultation, training, ABA training

Southwest Autism Center of Excellence (602) 265-8338 (sbhservices.org)

- ABA Therapy, Ages 6 years+

True ABA (844) 362-7943 (trueaba.com)

- ABA Assessments/Treatments

Community Resources

Raising Special Kids (raisingspecialkids.org)

- more information about parent advocacy, support, and sources

SAARC (autismcenter.org)

- Jumpstart program (parent training) & other services

AZA United (azaunited.org)

- ABA therapy
- Parent training, and more

Hope Group (hopegroupaz.com)

- Early intensive behavioral intervention
- ABA programs/training
- Respite
- Habilitation

CARD for Private Insurance (centerforautism.com)

Autism Spectrum Therapies ((866) 727-8274)

- Private insurance only

ADEPT (health.ucdavis.edu)

- ABA e-learning program
- starter ABA Training
- FREE

C.A.R.D. (ibehavioraltraining.com)

- ABA e-learning program
- Good training with ABA
- topic exploration
- nominal fees

C.A.R.D. at USF (card-usf.fmhi.usf.edu/resources/index.html)

- Variety of topics regarding ASD behavior teaching
- ABA e-learning program

Baio Enterprises (baioEnterprises.com)

- Hab-M, Hab-B, Hab-H Speech, OT
- social interaction groups

Bista (accel.org/bista-clinic/)

- psychoeducational assessments
- feeding therapy
- BCBA services
- HabB/ HabM
- school consultation, speech Therapy social communication classes

SEEK Arizona (seekarizona.org)

- Respite/habilitation
- ABA therapy
- Sibshops
- adult transition programs
- OT/Speech Therapy
- Social skills

SWHD (eastersealsphoenix.org)

- Side by Side Parent-child program

Touchstone Behavioral Health (touchstonebh.org)

- Family centered autism program

Arion (arioncaresolutions.com)

- Habilitation
- Respite
- Attendant care

Arizona Center for Disability Law (acdl.com)

- advocacy of human and civil rights of individuals with disability in Arizona

United Cerebral Palsy (uspofcentralaz.org)

- comprehensive services for children with disabilities

Feeding Matters (feedingmatters.org)

- parent support
- education
- resources regarding feeding disorders

Arizona Goldens (AZgoldensLLC.com)

- service dogs and animal assisted therapy

Foundations Developmental House – Chandler

- Lynn Carahally, SLP- apraxia therapy

Emily Anderson center (phoenixchildrens.org/the-emily-center)

Home Resources

- Look at Parent University classes through Mesa Public Schools (mpsaz.org/parenttu)
 - Any adult can participate
 - Do not need to live in boundaries of Mesa Public Schools
- Provide consistent and frequent positive reinforcement for “good” behavior
- Parenting info including ignoring, consequences, and rewards go to (cdc.gov/parents/essentials)
- CDC developmental milestones (cdc.gov/ncbddd/actearly/index.html)
- Avoid using “no”, “stop”, and don’t. Instead, tell child what you would like for them to be doing instead.
- When heading into community for errands or other outings, be sure to have interesting activities planned to keep child busy and engaged (to help prevent misbehavior due to boredom)
- Consider reading/watch, “1,2,3 Magic by Thomas Phalen” for additional parenting support and ideas.
- Social emotional learning and executive functioning (thepathway2success.com)
- Continue regular bedtime routine.
- No electronics in the bedroom and all electronic should be turned off at least 1-2 hours before bed
- Avoid caffeine in the afternoon/evening
- Exposure to bright sunlight and daily physical activity are helpful for sleep
- Consider reading “It’s Never Too Late to Sleep Train: The Low Stress Way to High Quality Sleep for Babies, Kids, and Parents” by Dr. Craig Canapari
- Encourage well balanced diet including fruits and vegetables
- Provide frequent opportunity and encouragement to try new foods
 - 5 servings of fruits/vegetables a day
 - 4 servings of water a day
 - 3 servings of low-fat dairy a day
 - Less than 2 hours of screen time a day