## Covid-19 Recommendations Based on Results

## **Viral Testing**

Positive- Stay home and follow guidelines on the CDC.gov website. This includes the entire household to quarantine for 10 days from the positive result. If others have been in close contact with someone that has tested positive, they will need to follow exposure guidelines. Most children with Covid-19 have mild congestion or cough. They can also have vomiting and diarrhea. Many will have a high fever. These can be in any combination and generally last 48 hours or less. It is very uncommon for children to require hospitalization. Your child should be seen to further evaluate symptoms if they have a fever for longer than 4 days, labored breathing or dehydration. We are unable to test adults for in our office. Embry women's Health is recommended for testing parents or other adult family members.

Negative- You probably were not infected at the time of your test. This does not mean you will not get sick. If you have symptoms later, you may need another test to determine if you are infected with the virus.

## **Antibody Detection**

IgG antibodies are developed four or more weeks after symptoms of Covid-19. These antibodies indicate that you have had Covid-19 in the past and have developed antibodies that may protect you from future infection. We are unsure at this point how long your immunity will last.

IgM antibodies are developed within two to four weeks after an infection. IgM is most useful for determining recent infection as it usually becomes undetectable weeks to months following the infection.

Negative- You likely have never had Covid-19 or have not yet developed antibodies.