

GET STARTED WITH YOUR REVEAL LINQ™ SYSTEM

Patient Setup Guide



Medtronic



Reveal LINQ Insertable Cardiac Monitor (ICM)



MyCareLink Patient Monitor

THE REVEAL LINQ SYSTEM

Your Reveal LINQ System includes the **Insertable Cardiac Monitor (ICM)**, which records your heart rate continuously and stores data for heart-related events; and the **MyCareLink Patient Monitor** that wirelessly collects heart data from your ICM and makes it available to your doctor.

The Patient Assistant is an optional component, provided by your doctor. If you received one, use it to manually mark symptoms when they occur.



Patient Assistant

Once you set up the MyCareLink™ Monitor at home, it will begin **automatically collecting data** from your Reveal LINQ™ ICM and making it available to your doctor.



Heart data is recorded with the Reveal LINQ ICM.



You go to bed near your MyCareLink Monitor.



Your data is shared with the MyCareLink Monitor.



Your doctor can access your data.

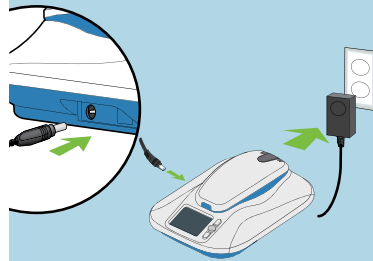


Your doctor will contact you if necessary.

SETTING UP YOUR MYCARELINK MONITOR AT HOME



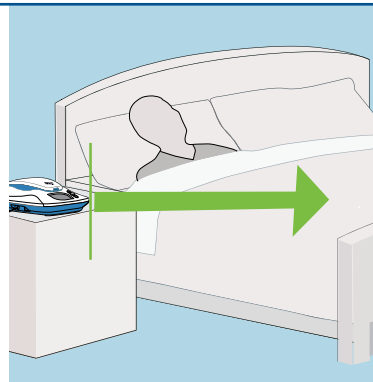
1 **PLUG** monitor into standard power outlet near your bed.



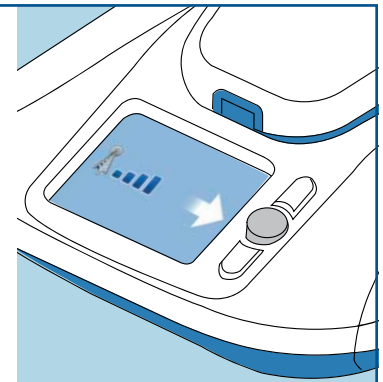
4 **PLACE** sticker from this setup guide on the hand-held reader.



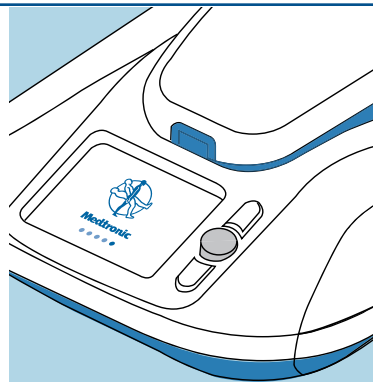
2 **POSITION** monitor so you are always within **6.5 ft (2 m)** when sleeping, and point it toward the foot of the bed.



5 **WAIT** for cellular signal bars and white arrow to appear.



3 **LOOK** for Medtronic logo as monitor powers up.



6 **FOLLOW** manual transmission steps on the next page **just once*** for initial setup.

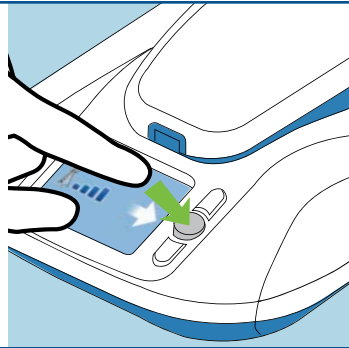
* **Note:** If manual transmission steps were completed at the hospital, you don't need to do it again. Your screen will go dark and you're set for automatic transmissions.

SENDING A MANUAL TRANSMISSION

Only for initial transmission or when requested by your doctor

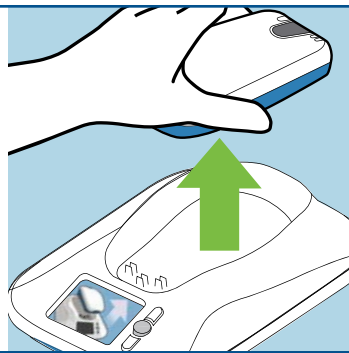
1

PRESS round **GRAY** button to get started.



2

LIFT reader when screen shows up arrow.



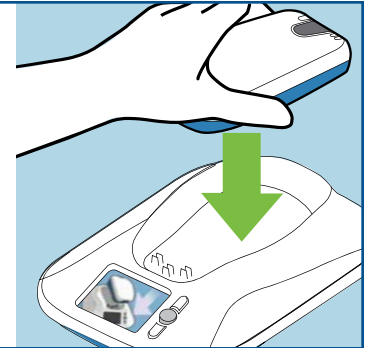
3

HOLD reader over your Reveal LINQ device and wait for **GREEN BAR** to progress.



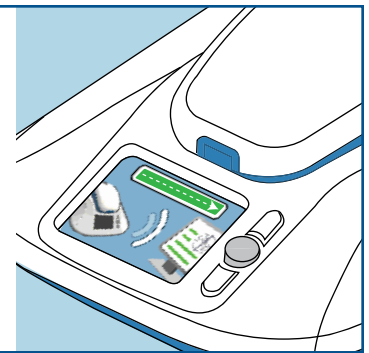
4

RETURN reader to the base when screen shows down arrow.



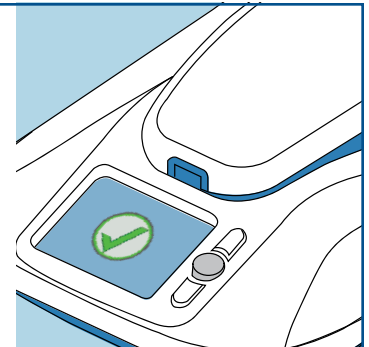
5

CHECK for **GREEN BAR** progress showing your data is sending.



6

CONFIRM data sent when **GREEN** check mark appears.



Note: Your screen will go dark and you are set for automatic transmissions.

AUTOMATIC DATA TRANSMISSION

Remember, your heart information will be sent **automatically**, usually while you sleep. There may be times when your doctor asks you to perform a manual transmission—otherwise, you **ONLY NEED TO:**

- ✓ Sleep within **6.5 ft (2 m)** of your MyCareLink Monitor
- ✓ Assure your MyCareLink Monitor is **always plugged in**—make sure the outlet isn't controlled by a wall switch that could be switched off
- ✓ Refer to the **Frequently Asked Questions** in this guide for support as questions arise



WHAT YOU SHOULD KNOW ABOUT THE REVEAL LINQ SYSTEM

Frequently asked questions about Reveal LINQ ICM and MyCareLink Monitor.



Q What do I do when I travel?

A Take the MyCareLink Monitor with you—just remember to place it close to where you'll sleep, in a location that receives an adequate cellular signal. You won't have to worry about roaming fees but, if changing time zones, you may want to contact your clinic to see if any changes should be made to your monitoring schedule before you leave.

Q Can I get an MRI?

A Yes you can. The Reveal LINQ ICM doesn't pose any known hazards in specific MRI settings when they're performed as directed. Provide your device identification card to your imaging technician so he or she can access more information.

Q Can I go through airport security?

A Yes, you should have no trouble. Just bring your device identification card for airport security.

Q Why is it important to leave the MyCareLink Monitor plugged in?

A The MyCareLink Monitor works automatically to send your heart data and to make software updates. Make sure you keep it plugged in so nothing is missed.

Q How can I be sure my heart information has been sent to my doctor?

A If the MyCareLink Monitor screen is dark, press the gray button just once to view the start-up screen. The date shown is the day of your last successful transmission. Occasionally, a day may be missed if, for example, you walked away from bed during a regularly scheduled transmission. Don't worry, the system will try to send that data again for 14 days. If it's been several days since your last transmission, take another look at your setup guidelines to make sure it's set up as described.



Q What do I do if the MyCareLink Monitor lights up?

A You don't need to do anything. Your monitor is checking for software updates and will cycle through them on its own.

THE PATIENT ASSISTANT

If you received a Patient Assistant, carry it with you at all times so you can use it to mark symptoms such as dizziness, fainting or palpitations. Data is marked in your Reveal LINQ ICM and sent to your doctor during your next automatic transmission.



To Use the Patient Assistant:

1. When you experience a symptom, press and release the button. The searching light will start to flash blue.
2. Quickly hold the Patient Assistant flat against your chest, directly over your Reveal LINQ ICM.
3. When a symptom is successfully marked, the success tone will sound and the success light will illuminate green. If the success signals do not occur within 15 seconds, repeat steps 1-2.

Q What if I can't get to my Patient Assistant right away?

A If you can't get to it within 5 minutes or so, just write down the date and time of your symptoms and share this with your doctor during your next visit.

Q I used my Patient Assistant. How can I be sure my clinic got the information?

A The Patient Assistant is only used to mark symptoms in the Reveal LINQ ICM. The information is then sent by your MyCareLink Monitor during your next automatic transmission. Your doctor may also ask you to send a manual transmission.

Q How do I get the information off of the Patient Assistant?

A You don't need to. The information is stored in the Reveal LINQ ICM, not the Patient Assistant. It will be sent during your next automatic transmission.

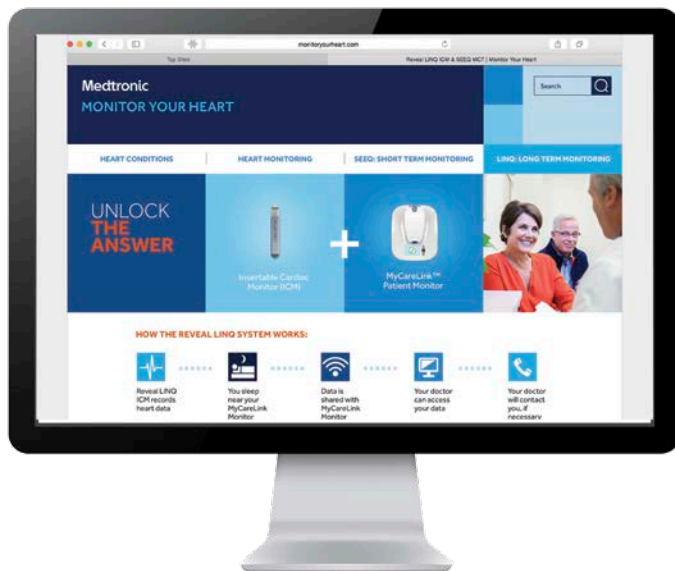
GET MORE INFORMATION

Medtronic is dedicated to providing you with the most up-to-date information about your heart device.



Learn more about long-term heart monitoring and **read personal stories** from people who have experienced Reveal LINQ insertable cardiac monitoring at MonitorYourHeart.com/LINQ

Be sure to sign up for educational emails.



Additional Device Information

Reveal LINQ™ Insertable Cardiac Monitor

The Reveal LINQ Insertable Cardiac Monitor is an implantable patient-activated and automatically-activated monitoring system that records subcutaneous ECG and is indicated in the following cases:

- Patients with clinical syndromes or situations at increased risk of cardiac arrhythmias
- Patients who experience transient symptoms such as dizziness, palpitation, syncope, and chest pain, that may suggest a cardiac arrhythmia.

The device has not been tested specifically for pediatric use

Possible risks associated with the implant of the Reveal LINQ Insertable Cardiac Monitor include, but are not limited to, infection at the surgical site, device migration, erosion of the device through the skin and/or sensitivity to the device material.

Treatment with a Reveal LINQ Insertable Cardiac Monitor is prescribed by your physician. This treatment is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from the use of this treatment, results may vary. For further information, please call the Medtronic toll-free number at 1 (800) 551-5544 (7:00 a.m. to 7:00 p.m., Monday-Friday, Central Time) or see the Medtronic website at www.medtronic.com.

Patient Assistant

The Patient Assistant is intended for unsupervised patient use away from a hospital or clinic. The Patient Assistant activates the data management feature in the Reveal Insertable Cardiac Monitor to initiate recording of cardiac event data in the implanted device memory.

Operation of the Patient Assistant near sources of electromagnetic interference, such as cellular phones, computer monitors, etc., may adversely affect the performance of this device.

Medtronic MyCareLink™ Patient Monitor

The Medtronic MyCareLink Patient Monitor is a prescription product indicated for use in the transfer of patient data from some Medtronic implantable cardiac devices based on physician instructions and as described in the product manual. The MyCareLink Patient Monitor transmissions to the CareLink™ Network are subject to cellular service availability. The MyCareLink Patient Monitor must be on and in range of the device in order to wirelessly receive data from your implanted device. This product is not a substitute for appropriate medical attention in the event of an emergency and should only be used as directed by a physician.

The Medtronic CareLink Service is prescribed by your physician. This service is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from the use of this service, results may vary. For further information, please call CareLink Patient Services at 1 (800) 929-4043 (8:00 a.m. to 5:00 p.m., Monday-Friday, Central Time) or see the Medtronic website at www.medtronic.com.



Medtronic

Patient Services

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Patient toll-free line:
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[medtronic.com](https://www.medtronic.com)

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