

## MEDICATION ALERT LIST

For allergy testing, **STOP** taking any of these medications, including any “PM” “Cold” or “Allergy” medications **5 days before your appointment.**

Allegra (fexodenadine)	Dallergy (chlorcyclizine)	Rondec (dextromethorhan)
Alavert (Loratadine)	Dimetane	Sudafed (pseudoephedrine)
Actifed	Dimetapp	Tavist (clemastine)
Antivert (meclizine)	Doxepin (silenor)	Tylenol PM
Aprodine (triprolidine)	Dramamine (dimenhydrinate)	Vertin (meclizine)
Atarax (hydroxyzine)	Duravent-DA	Xyzal (levocetirizine)
Benadryl (diphenhydramine)	Ninjacof (pyrilamine)	Zyrtec (cetirizine)
Bromfed (brompheniramine)	Pamprin Max Strength (pyrilamine maleate)	Zzzquil (diphenhydramine)
Chloe-Trimeton (chlorpheniramine)	Periactin (cyproheptadine)	
Clarinet (deslorstadine)	Phenergan (promethazine)	
Claritin (loratadine)		

### Eye drops that may contain antihistamine:

Alamast (Pemirolast)	Optivar (azelastine)
Alocril (nedcromil)	Opcon-A
Alomide (Lodoxamide)	Pataday (olopatadine)
Bepreve (bepotastine besilate)	Patanol
Elestat (epinastine)	Pazeo
Lastacaft (alcaftadine)	Zaditor (ketotifen)
Naphcon-A (naphazoline/pheniramine)	

### Nose sprays containing antihistamine:

Astelin (azelastine)  
Astepro  
Dymista  
Patanase (olopatadine)  
Ryaltris

### Antacids containing antihistamine:

Axid (nizatidine)  
Pepcid (famotidine)  
Tagamet (cimetidine)  
Zantac (ranitidine)

**Do NOT stop taking medications prescribed for other chronic medical conditions, such as blood pressure medications or inhaled medications for chest or nose (Flonase, Nasacort). Do NOT stop asthma medications such as inhalers. Do NOT stop Singulair (montelukast). If you have any questions regarding any medications prior to allergy testing, please call our office to clarify at 205-553-2252.**