



### **Accutane Start for Females: Quick Reference Timeline**

1. See your OB/GYN to start birth control
  - If you are already on an accepted form of birth control, please proceed to step #2
  - You must **START** the birth control before moving to step #2
  - If you have questions about which types of birth controls are acceptable, talk to a nurse here.
  
2. Get first set of labs done
  - These will need to be fasting: first thing in the morning before eating/drinking
  - A nurse from the office will call you in approximately 2-3 days after you have your blood drawn. If you do not hear from the office within 1 week, please call to check on status
  
2. “Lockout Date”:
  - When the nurse calls, she will provide you with a “lockout date.” This is the **EARLIEST DATE** you can get the second blood test drawn. If you get it even one day too early, iPLEDGE will require you to repeat it.
  - The next blood test should be drawn on or after your “lockout date” and within the **FIRST 5 DAYS** of your menstrual cycle. If you do not get regular menstrual cycles, please ask the nurse for more information on when to have drawn
  - This blood test does not need to be fasting (anytime of day)
  - Write your lockout date here: \_\_\_\_\_
  
3. Office Visit
  - Once you have the “lockout date” blood test drawn, you should be seen in the office within 2-3 days.
  - If you do not have an appointment set within that time frame, you need to speak with a nurse at the office to move up your appointment
  
4. 7-day window
  - Why? Because if you wait more than 7 days from your blood test to be seen in the office **AND** pick up your prescription, iPLEDGE will require a **REPEAT** pregnancy test
  - If you are risk of missing your window – please call the office during office hours!!
  
5. Every month expect the same process **IN THIS ORDER**:
  - You should get your bloodwork drawn 2-3 days prior to your office visit
  - Come in for office visit
  - After you are seen in the office, you will log into iPLEDGE and answer required questions
  - Pick up your prescription (must be **WITHIN 7 DAYS** of your **BLOODTEST** date)

**If you have questions at anytime, please call the office during office hours and speak with one of the nurses (610-566-7300)**