

# *Hugh Marchmont-Robinson, D.D.S., S.C.*

Practice Limited to Oral and Maxillofacial Surgery  
Diplomat, American Board of Oral and Maxillofacial Surgery

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## ORAL SURGERY PRE-OPERATIVE INSTRUCTIONS

1. Patient may not have **ANYTHING** to eat or drink for 8 hours before scheduled appointment time. This includes **WATER**. If this instruction is not followed, your surgery will be cancelled.
2. Minor must be accompanied by a parent or guardian.
3. Patient must come with a responsible driver. Driver must wait in the reception room during the entire appointment. Someone must be at home with the patient the remainder of the day because the patient will be drowsy.
4. Patient should wear loose fitting clothing for the surgery with sleeves that roll or push up.
5. A general anesthetic patient will be very drowsy and should plan to spend the evening at home and not work, drive a car or operate machinery for 24 hours.
6. The first 48 hours after oral surgery is the most important time in the healing process. All surgical patients should refrain from exertion for at least two days after the surgery. Let common sense prevail.
7. Have plenty of ice cubes in your freezer for an ice bag or "instant cold packs" to use after surgery.
8. If you wear contact lenses, they must be removed before surgery. Please leave them at home if possible or bring your container with you.
9. Artificial finger nails must be removed from at least 2 fingers.
10. If you normally take oral medications prescribed by your doctor during this eight (8) hour period, **YOU MAY TAKE THEM WITH A SIP OF WATER**, unless otherwise instructed.
11. If you develop a cold, sore throat, cough or chest congestion, please contact our office prior to your appointment, as these conditions may postpone your anesthesia.
12. Please notify the office 24 hours in advance if you will be unable to keep your appointment.

\_\_\_\_\_  
Patient's name

\_\_\_\_\_  
Patient's (or legal guardian) signature

\_\_\_\_\_  
Date