

Our flu clinic schedule has been opened for the season! A flu shot is quick, easy and covered by most insurance plans. Our office offers a few options to get your family vaccinated:

- Drive Thru Flu Clinics available September 14th, September 28th, and October 12th; 1:30pm - 4:00pm (by appointment, please call the office or message our care team through the Patient Portal to request an appointment)
- Your Child's Yearly Well Exam no additional appointment needed! Let your nurse know you would like your child to receive the flu vaccine during their scheduled appointment with your provider.
- **In-Office Vaccine Clinics** available most Monday-Thursday evenings and Friday mornings through the end of October as well as select Saturday mornings (*by appointment*)

**\*\*NEW\*\* Self Schedule in-office appointments through the Patient Portal!** 

Schedule your flu vaccines today!

## Vaccination is the best protection

The flu vaccine is safe and effective. It reduces the risk of your child catching the flu and their risk of suffering serious complications. Children younger than 5 and those with certain chronic conditions may be at increased risk for complications.

Clearing up misconceptions

- The flu shot doesn't give your child the flu. The shot can cause similar symptoms, but these are simply signs the immune system is working to build protection against the virus.
- The flu is not the same as a cold. The flu can cause serious issues, like pneumonia, difficulty breathing and/or dehydration. In rare cases, the flu can be deadly.
- Children 6 months to 8 years old receiving a flu vaccine for the first time should consult with their provider to determine if 1 or 2 doses are appropriate.

Have questions or concerns? Please call our office to speak with our team of healthcare professionals. 816-587-3200

## Additional Information:

CDC - Key Facts About Seasonal Flu Vaccines

<u>CDC</u> - What are the benefits of flu vaccination?

CDC - Information for the 2024-2025 Flu Season

AAP - Recommendations for Prevention and Control of Influenza in Children, 2024–2025:

Policy Statement

HealthyChildren.org - The Flu: What Parents Need to Know

AAP - Protect Your Child from the Flu | American Academy of Pediatrics (Video)