



ANNAPOLIS  
DERMATOLOGY  
CENTER

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Adult & Pediatric Dermatology • Cosmetic Dermatology • Dermatologic Surgery • Mohs Micrographic Surgery

PREPARING FOR MOHS MICROGRAPHIC SURGERY

DO: Do shower and shampoo the night before or the morning of surgery.

DO EAT NORMAL MEALS BEFORE SURGERY; bring snacks and lunch to your appointment.

DO TAKE ALL YOUR REGULAR MEDICINES unless told differently by your doctor.

Do wear an old shirt that buttons all the way down (not a pull over).

DO BRING A BOOK or something to stay occupied. There are periods of waiting during the day.

DO BRING AN UPDATED MEDICINE LIST with you for your surgery day.

Do tell us if you have a cold or don't feel well the day of surgery.

Do have someone drive you home from the doctor's office after surgery.

DON'T: Don't have alcohol (wine, beer, whiskey, etc.) 2 days before and 2 days after surgery.

DON'T STOP ANY BLOOD THINNING MEDICATION (Aspirin, Plavix, Coumadin) that has been prescribed by your primary doctor unless he directs you to do so.

Don't take herbs, vitamin E, niacin, fish oil tabs, or non-steroidal anti-inflammatory medicines (Motrin, Advil, Aleve) one week before surgery UNLESS DIRECTED BY YOUR DOCTOR.

Don't smoke excessively (it slows healing). It's best not to smoke at all. DO NOT smoke within 2 hours of surgery.

BEFORE SURGERY:

It's a good idea to use the restroom before surgery. Ask the receptionist to direct you.

Please ask if you have ANY questions before, during, or after surgery.

Except in case of emergency or illness, we require 72 hours notice to reschedule your surgery to avoid cancellation fees.

AFTER SURGERY:

There will be need for post-operative follow-up. It is best to remain in the local area (if possible) for 10-14 days after surgery. Let the doctor know if you cannot do this.

The wound takes 6 weeks to become strong. You may need to modify your work and/or play schedule to prevent your wound from opening.