

Digestive Disease Associates

170 Amendment Ave.

Rock Hill, SC 29732

www.digestivediseaseassociates.com

Plenvu prep:

The day prior to your colonoscopy, you will need to maintain a clear liquid diet. This includes items such as water, tea, apple or white grape juice, clear sodas, clear broth, jello (not red or purple). Avoid milk products. Avoid solid food.

Starting at 4pm the day before your procedure, empty Dose 1 into mixing container, fill to line with water (at least 16 fluid ounces) and mix with a spoon or put lid on mixing container securely and shake until completely dissolved. Drink entire contents of mixing container over 30 minutes. Rinse the mixing container and refill to line with water (at least 16 fluid ounces) and drink entire contents of mixing container over 30 minutes.

5 hours prior to your procedure, Empty both Dose pouch A and Dose pouch B into clean mixing container. Fill to line with water (at least 16 fluid ounces) and mix with spoon or put lid on mixing container securely and shake until completely dissolved. Drink entire contents of mixing container over 30 minutes. Rinse mixing container and refill to line with water and drink entire contents of mixing container over 30 minutes. Do not drink anything else prior to your procedure.

Please follow these instructions for the best results for your procedure. Failure to follow these instructions could result in cancellation of your procedure and rescheduling.

DIGESTIVE DISEASE ASSOCIATES

803-324-7607

www.digestivediseaseassociates.com

General Instructions for All Endoscopy Procedure

If you have any question, please contact our office at 803-324-7607 and ask for **Procedure Scheduling**. Also you may visit our website listed above.

Diabetics: Please follow the instructions below for your procedure:

Insulin Shots: If you take insulin shots:

****The DAY BEFORE** your procedure, take your usual dose of insulin.

****The EVENING BEFORE** your procedure, take ½ of your usual dose of insulin.

Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills**:

****Take NO diabetes pills the Night Before or Morning of Procedure.**

MORNING OF PROCEDURE:

***Take NO insulin shots or diabetes pills.**

FOR EVERYONE THE MORNING OF THE PROCEDURE:

Only take **Heart or Blood Pressure**, medication, **Seizure medication** and/or **Reflux medication**.

When to STOP Blood Thinners:

Coumadin - 3-5 days before

Pradaxa - 2-5 days before

Eliquis - 2 days before

Effient - 7 days before

Plavix or Aggrenox - 7 days before

Brilinta- 5 days before

Xarelto - 24 hours before

Aspirin- take as normal

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: **FAILURE** to cancel your procedure **24 hours in advance** will result in a **\$100 No Show Fee**.