

Digestive Disease Associates

170 Amendment Ave.

Rock Hill, SC 29732

803-324-7607

Suflave Colonoscopy Prep:

The day prior to your colonoscopy, you will need to maintain a clear liquid diet. This includes items such as water, tea, apple or white grape juice, plain coffee, clear sodas, clear broth, and jello (not red or purple). Avoid milk products. Avoid any solid foods.

The morning prior to your colonoscopy, open one flavor packet and pour the contents into bottle. Fill the bottle with lukewarm water up to fill line. After capping the bottle, shake until all the powder is dissolved then place bottle in the refrigerator.

The evening prior to your colonoscopy, start drinking the solution at 4pm and drink 8 ounces of solution every 15 minutes until the bottle is empty. You will need to drink 16 ounces of water to follow by 6pm. After completing this you can continue your clear liquid diet for the remainder of the day.

5 hours prior to your procedure, open the other flavor packet and pour into bottle. Fill the bottle with lukewarm water to the fill line. Place cap on the bottle and shake until powder is dissolved. Start drinking 8 ounces of solution every 15 minutes until the bottle is empty. You will need to drink 16 ounces of water to follow over the next hour. **Do not drink anything else prior to your procedure.**

******You can premix both bottles the day prior to colonoscopy and put them in the refrigerator to get them chilled before drinking.****

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www.digestivediseaseassociates.com

General Instructions for All Endoscopy Procedure

If you have any question, please contact our office at 803-324-7607 and ask for **Procedure Scheduling**. Also you may visit our website listed above.

Diabetics: Please follow the instructions below for your procedure:

Insulin Shots: If you take insulin shots:

****The DAY BEFORE** your procedure, take your usual dose of insulin.

****The EVENING BEFORE** your procedure, take ½ of your usual dose of insulin.

Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills**:

****Take NO diabetes pills the Night Before or Morning of Procedure.**

MORNING OF PROCEDURE:

***Take NO insulin shots or diabetes pills.**

FOR EVERYONE THE MORNING OF THE PROCEDURE:

Only take Heart or Blood Pressure, medication, Seizure medication and/or Reflux medication.

When to STOP Blood Thinners:

Coumadin - 3-5 days before

Pradaxa - 2-5 days before

Eliquis - 2 days before

Effient - 7 days before

Plavix or Aggrenox - 7 days before

Brilinta- 5 days before

Xarelto - 24 hours before

Aspirin- take as normal

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: **FAILURE** to cancel your procedure **24 hours in advance** will result in a **\$100 No Show Fee**.