

# Digestive Disease Associates

170 Amendment Ave.

Rock Hill, SC 29732

[www.digestivediseaseassociates.com](http://www.digestivediseaseassociates.com)

## Sutab Prep:

**The day prior to your colonoscopy, you will need to maintain a clear liquid diet. This includes items such as water, tea, apple or white grape juice, clear sodas, clear broth, plain coffee, Jello (not red or purple). Avoid milk products. Avoid any solid food.**

**Starting at 4pm the day before your procedure, open one bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of remaining water over the next *hour* . You must drink TWO more 16 ounce containers of water over the next hour. It is important that you finish this part of the prep in two hours. Bowel movements should begin about a half hour to an hour after you finish the tablets. Feelings of bloating and nausea are common but they should subside after you start having bowel movements. If needed due to nausea, you may take a 30 minute break, then start again until the all of the water is complete.**

**5 hours prior to your procedure, open the other bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount of remaining water over the next *hour* . You must drink TWO more 16 ounce containers of water over the next hour. It is important that you finish this part of the prep in two hours. Do not drink anything else prior to procedure.**

**Please follow these instructions for best results for your procedure. Failure to follow these instructions could results in cancellation of your procedure and rescheduling.**

**DIGESTIVE DISEASE ASSOCIATES**

**803-324-7607**

**www.digestivediseaseassociates.com**

**General Instructions for All Endoscopy Procedure**

If you have any question, please contact our office at 803-324-7607 and ask for **Procedure Scheduling**. Also you may visit our website listed above.

**Diabetics**: Please follow the instructions below for your procedure:

**Insulin Shots**: If you take insulin shots:

**\*\*The DAY BEFORE** your procedure, take your usual dose of insulin.

**\*\*The EVENING BEFORE** your procedure, take ½ of your usual dose of insulin.

Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills**:

**\*\*Take NO diabetes pills the Night Before or Morning of Procedure.**

**MORNING OF PROCEDURE:**

**\*Take NO insulin shots or diabetes pills.**

**FOR EVERYONE THE MORNING OF THE PROCEDURE:**

Only take **Heart or Blood Pressure, medication, Seizure medication and/or Reflux medication.**

**When to STOP Blood Thinners:**

**Coumadin - 3-5 days before**

**Pradaxa - 2-5 days before**

**Eliquis - 2 days before**

**Effient - 7 days before**

**Plavix or Aggrenox - 7 days before**

**Brilinta- 5 days before**

**Xarelto - 24 hours before**

**Aspirin- take as normal**

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: **FAILURE** to cancel your procedure **24 hours in advance** will result in a **\$100 No Show Fee.**