

PLENVUE BOWEL PREPARATION

THE DAY BEFORE YOUR COLONOSCOPY YOU MUST BE ON LIQUID DIET ALL DAY

YOU ARE ALLOWED THE FOLLOWING LIQUIDS THE DAY BEFORE YOUR PROCEDURE:

YOU MUST DRINK 12-15 OZ HOURLY UNTIL BEDTIME

TEA, CLEAR BROTH (CHICKEN, BEEF, VEGETABLE), WATER, COFFEE, JELLO (NO FRUIT)
SPORTS DRINKS (GATORADE/SPORTADE), SOFT DRINKS, JUICE (NO PULP)

PLEASE AVOID ALL RED COLORED PRODUCTS

IT IS IMPORTANT TO FOLLOW ALL THE STEPS BELOW COMPLETELY

THE DAY BEFORE YOUR COLONOSCOPY TAKE AT 7:00 PM

1. Pour Dose 1 into the empty container
2. Fill to the line with COLD WATER
3. Shake or Mix the Laxative
4. Drink entire laxative mixture
5. After drinking Laxative mixture, you MUST DRINK AN ADDITIONAL 16 oz of any of the liquids listed above.

CONTINUE HYDRATING BY DRINKING PLENTY OF LIQUIDS UNTIL BEDTIME

THE DAY OF YOUR COLONOSCOPY

THE DAY OF YOUR COLONOSCOPY TAKE 2nd dose 5 HOURS BEFORE THE COLONOSCOPY

1. Pour Dose 2. BOTH A & B into the empty container
2. Fill to the line with COLD WATER
3. Shake or Mix the Laxative
4. Drink entire laxative mixture
5. After drinking Laxative mixture, you MUST DRINK AN ADDITIONAL 16 oz of any of the liquids listed BELOW ONLY!!!!

1. YOU MAY DRINK ONLY THE FOLLOWING CLEAR LIQUIDS.
7UP, SPRITE, GINGERALE, APPLE JUICE, GATORADE, WATER DO NOT SUBSTITUTE
NO MILK, DAIRY OR ARTIFICIAL DAIRY PRODUCTS ARE ALLOWED.

YOU MUST STOP DRINKING 4 HOURS BEFORE YOUR COLONOSCOPY

FAILURE TO FOLLOW THIS DIET MAY RESULT IN THE CANCELLATION OR POSTPONEMENT OF YOUR PROCEDURE!

IF YOU HAVE ANY QUESTIONS, PLEASE DO NOT HESITATE TO CONTACT 201—837-9449