

AMAZON Listings for Toothpaste and food grade hydrogen Peroxide 12%



Dr. Bronner's - All-One Toothpaste (Peppermint, 5 ounce, 3-Pack) - 70% Organic Ingredients, Natural and Effective, Fluoride-Free, SLS-Free, Helps Freshen Breath, Reduce Plaque, Whiten Teeth, Vegan

Peppermint · 5 Ounce (Pack of 3)

4.4 out of 5 stars 1,539

[Amazon listing for 3 pack of Dr. Bronner's Toothpaste](#)



12% Hydrogen Peroxide Food Grade - Recommended by: The One Minute Cure Book. Refrigerate after opening for longer shelf life.

[Amazon Listing for Food Grade Hydrogen Peroxide](#)

Instructions for Use

- 1) Carefully pour larger bottle of hydrogen peroxide into the eye dropper.
- 2) Remove a small amount of toothpaste from tube onto a glass dish (amount you would use for single use tooth brushing).
- 3) Place 4-5 drops from the eye dropper onto the glass dish next to the toothpaste and then mix the toothpaste into the peroxide.
- 4) Apply toothpaste/hydrogen peroxide mixture onto your toothbrush and brush using the modified bass technique for best results.