

Post-Operative Instructions

John W. Cox, DDS and Your Family Dentist, PC team invite you to see a summary of post-op instructions. Call us or Text us at 828-893-0010, if you have any questions:

Filling Restorations

Following are some simple instructions for home care after the Fillings.

1. Do not eat on your new filling for one hour and until your numbness is gone.
2. If you are supervising children who have had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).
3. You may experience cold and heat sensitivity and some soreness on your gum, this usually subsides in a few days.
4. Call our office if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions. As always, we welcome your questions, comments and concerns. Should you have any please call us. We appreciate the opportunity to serve you in your dental needs.