

Patient Procedure Checklist

Below you will find what you need to do in preparation for your procedure at VIGI, LLC. It will also provide you with information on the new process for when you arrive to the office on procedure day. Should you have any questions, please do not hesitate to contact the staff at 340-714-1122.

Please remember to notify the staff if you notice that you have **any** of the following:

- Changes in GI symptoms (diarrhea, nausea with or without vomiting)
- Cough
- Fever (100.4 or greater)
- Cold/Flu like Symptoms
- Shortness of Breath/Chest Pain/Difficulty Breathing
- Loss of sense of smell or taste
- Sore Throat
- New onset of fatigue or lack of energy
- Any other significant new or unusual symptoms

Before your procedure:

- Get your COVID 19 Test. If you have not been contacted by the office with instructions on when to complete testing, please call for further direction. Negative COVID tests are required within 48 hours of the procedure.

On the day before your procedure:

- CLEAR LIQUID DIET ALL DAY** (Refer to your procedure prep instructions provided by the office).
- Take your laxative at the designated time.
- Call office if you are experiencing any symptoms listed above.

Procedure Day:

- HAVE NOTHING TO EAT OR DRINK BEFORE THE PROCEDURE.**
- If you did not take your morning medications at the time discussed with the office staff, bring the medication with you to the procedure.
- If you use a nebulizer, please bring the treatment in a bag with you to the procedure.
- Wear a face mask to the office.** Do not bring any jewelry or unnecessary personal belongings with you.
- Upon your arrival, your temperature will be taken and you will fill out a questionnaire to ensure it is safe to proceed with the procedure.
- You will provide the front desk staff with the name and phone number for the individual taking you home after the procedure. This person should wait for you in the car as they will not be allowed to wait in the office. They should be ready for you when they are called after the procedure.
- Once check-in is complete, you will be asked to go into the bathroom where you will take off your clothes, along with your facemask, and put them into the bag provided. You will then wash your hands, arms and face. Then, you will put on the procedure gown and surgical mask provided by the staff. You will wear the surgical mask during and after the procedure.

After your procedure:

- Call the office if you have any of the symptoms indicated above in addition to symptoms reviewed with you post procedure.