



DERMATOLOGY
ASSOCIATES OF ITHACA
Healthier Skin Since 1983

What is Aldara™?

Aldara™ is an immune response modifier that stimulates your immune system to clear abnormal or infected cells. Always use Aldara™ cream as directed by a health care provider.

What happens if I miss a dose?

Skip the missed dose and wait until the next time you are getting ready for bed to use the medicine. **Do not** use extra medication to make up the missed dose.

Ithaca: 1051 Craft Rd
Cortland: 3773 Luker Rd.
T: 607-257-1107
F: 607-257-0369
www.ithacaderm.com

ALDARA™ (IMIQUIMOD) 5% CREAM

You have been prescribed Aldara™ 5% cream* for:

- Actinic keratosis (precancerous skin damage)
- Warts
- Basal cell skin cancer (BCC)
- Squamous cell skin cancer (SCC)
- Molluscum contagiosum
- Other: _____

Site: _____

Frequency:

- Twice a week
- 3 times a week (Monday, Wednesday, Friday)
- 3 times a week (Tuesday, Thursday, Saturday)
- 5 times a week (Monday through Friday)
- 7 times a week (everyday)

Directions for use

- Before bed, wash your hands with soap and water before and after using the medicine.
- Cut the top off the packet with scissors and squeeze out a small amount.
- Apply a thin film of Aldara™ to the lesion(s) and extend the application to 1/3" around the lesion(s). Rub it in gently, but thoroughly. After you have applied the cream make sure to wash your hands well. *Be careful not to get any in your eyes, nose, or mouth.*
- Allow the medicine to stay on the treated skin for 6-10 hours. Do not take a bath, swim or get the treated area wet during this time.
- After the treatment time has passed, wash the treated area with mild soap and water.

Good to know

- Many people experience redness, mild swelling, and irritation. This may be a sign that your immune system is responding appropriately. As we say, the worse you look, the better the outcome!
- Occasionally, treatment may result in lighter pigmentation (such as a white spot) in the treated area. Avoid sun and light exposure while undergoing Aldara™ treatment.
- If you experience severe pain, bleeding, or open sores, you should call the office at (607) 257-1107 and ask to speak with the nurse.
- Aldara™ works over time; it is important to follow your treatment schedule for best results.

*Please note that the FDA has approved Aldara™ for the treatment of genital warts, actinic keratosis and superficial basal cell carcinoma (a type of skin cancer). It is not approved for non-genital warts or molluscum contagiosum, but is widely prescribed for these problems. This sheet does not replace the package insert. As always, the insert should be read before using any medication.