

WET WRAP THERAPY

for Atopic Dermatitis (Eczema)

1 in 5 Children
Suffer with Eczema

*Use under the advice of your
child's physician and for suggested
length of treatment

step 1

Soak wraps
in warm
water



*Wet wraps
have a cooling anti-itch effect.*

step 2

Bathe child
in warm
(not hot)
water for
15-20
minutes
and
use a
gentle
cleanser



step 3

Lightly pat child's
skin dry with a towel



Apply lotion
or prescribed
cream within
3 minutes!



step 4

LOTION

step 5

Wring out
excess water
from wrap and
immediately
dress child
in damp wrap
to seal in
moisture



*Wet wrap
therapy relieves eczema
by adding needed moisture to the skin.*

Ahhhh...

step 6

Apply a
dry layer
of clothing
on top.

Smile.



Studies of
WET WRAP
THERAPY
show an
average
reduction
of symptoms
of 71%.

ref: Wet Wrap Therapy in
Children with Moderate to
Severe Atopic Dermati-
tis in a Multidisciplinary
Treatment Program