



PRE-CHEMICAL PEEL

- Discontinue the use of the following at least 48 hours prior to treatment:
 - a. Any retinoids (eg: Retin-A)
 - b. Clay masks, scrubs or additional exfoliating agents
 - c. Glycolic acid or alpha hydroxyl based products
- Do not wax facial hair for at least 48 hours prior to your treatment.
- Avoid sun exposure prior to treatment; sunburned skin should not be treated with glycolic acid products.
- Please let the office know if you experience breakout of cold sores, fever blisters or herpes anywhere on the face prior to your treatment.

POST-CHEMICAL PEEL

- Sun protection is critical; you should not have any sun exposure and always use a broad spectrum sunscreen with at least SPF 30 daily.
- Wait until peeling has completely subsided before having any other type of facial procedure.
- Patients may experience minimal redness lasting for 1-12 hours.

Ithaca: 1051 Craft Rd | Cortland: 3773 Luker Rd
T: (607) 257-1107 | www.ithacaderm.com



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