TINEA VERSICOLOR TREATMENT

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We all have yeast growing on our skin. Sometimes, under the right conditions, they grow out of control and a person can get a skin disease called tinea versicolor. With treatment, the yeast is easy to kill. The skin, however, may stay lighter (or darker) for weeks to months, but will eventually return to its normal color.

1. Wash affected area with Nizoral® Shampoo daily.
2. If desired, apply Clotrimazole cream twice daily to the affected area for 2 months.
3. Take Fluconazole 200 mg by mouth, then exercise so sweat stays on skin for 4 hours. Repeat one week later.

DID YOU KNOW: Tinea Versicolor appears as bleached out white spots on the skin. To help even out your skin tone, you should always protect your skin from sun exposure and not tan; use a broad spectrum sunscreen with at least SPF 15 daily. The lighter areas/spots may remain for a while even after the yeast has been completely treated.

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