



Post Tixel Care

Apply _____ every _____ hour(s) for the 6 hours following your treatment. Your first application should be at _____.

- Do not use any products on your skin except what you were given by your provider. This means no moisturizers, makeup or sunscreen.

For 24 to 48 hours:

- Ø No exercise.
- Ø Avoid the sun.
- Ø Avoid hot baths and showers
- Ø Drink lots of water.
- Ø Avoid things that reduce inflammation, like ibuprofen, antihistamines, and ice.
- Ø Sleep with your head elevated to reduce swelling.

After 24 hours:

- You may now use makeup and sunscreen.
- You may resume your normal skincare routine excluding retinols, glycolic acids and vitamin C.

Day 7:

→ You may resume use of retinols, vitamin C, salicylic acid and glycolic acid.

Do not exfoliate until after your skin has healed!

You may expect:

- A sensation of heat, like a very strong sunburn may last for several hours on the day of treatment.
- Redness, swelling and treatment marks may last for 3 to 10 days depending on the level of treatment.
- Sloughing of skin with washing on days 3 to 5.

Contact the office if you have excessive pain, oozing, crusting, blistering, or reappearance of swelling after the initial swelling has resolved.