

MoviPrep

DAY PRIOR TO EXAM: Follow a **CLEAR LIQUID DIET** all day the day before your procedure. We have provided you with a list of acceptable items to consume the day before your procedure. Please do not eat **ANY** solid foods, but drink ample fluids throughout the day. Avoid **RED, PURPLE,** and **ORANGE** beverages as they will discolor the intestines.

Morning before procedure: Begin a clear liquid diet. Prepare your MOVIPREP solution.

- 1) Empty pouch A and pouch B into the disposable container.
- 2) Add lukewarm water, Gatorade, or Crystal Light (green tea) to the top line (32oz). Mix to dissolve. Refrigerate mixture so that it is cold to drink this evening.

Evening before procedure: (Dose 1) Begin prep at 6:00pm

- 3) The Moviprep container is divided by four marks. Drink 8 ounces of the solution every 15 minutes, until the full liter is completed.
- 4) Drink 16 ounces of clear liquid of your choice. You may start going to the bathroom after only a few glasses, but be sure to drink ALL of the solution. Take 2 Dulcolax pills. (They are not included in the Moviprep Kit, it is sold over the counter).
- 5) Prepare the second container of MoviPrep and refrigerate.

The morning of your procedure: (Dose 2) Begin your prep 6 hours before your scheduled ARRIVAL time. At APPX_____, repeat step 3 and 4. Do Not take Dulcolax with this dose

Do Not Drink anything else after step 3 and 4.

Someone must drive you home after your procedure.