

Name:
Physician:



You have been scheduled for a cesarean section on: _____ at _____
You must arrive to the hospital by: _____

The following information will help you prepare for your cesarean section.

- A representative from the Holy Cross Hospital Scheduling office will call you a few days before your cesarean section to confirm the date and time of your scheduled procedure.
- One to two days prior to your procedure, you must come to the hospital's Ambulatory Care Center (ACC) department for blood work. ACC is open Monday-Friday from 6:00 am-4:30pm and their phone number is 301-754-7290. If your cesarean section is scheduled on a Monday, you must have your blood work done on Friday.
- **Do not drink or eat anything eight hours before the cesarean section.**
- **Consult with your physician about any medication you may need to take.**

DAY OF PROCEDURE

- Arrive at the hospital **two hours before your scheduled surgery time.**
- Everyone must stop at registration (even if you have pre-registered). You will need your photo ID, insurance information and any co-pay.
- **Only 1 support person is allowed** while in the operating room and PACU (post anesthesia care unit). There is no switching of the support person. Additional visitors may visit once you are transferred to Maternity Suites.
- **NO CHILDREN** under 12 are permitted in L&D.
- Holy Cross does not accept any responsibility for lost or stolen items. **Please limit the number of personal belongings.** Do not bring a suitcase, jewelry, money, or credit cards (unless for co-pay). Once you transfer to Maternity Suites, you can have someone bring you the necessary items.
- You may have a camera; however, video recordings are not permitted. Prior to taking pictures of any staff member, please ask for their permission.

If at any time before your cesarean section, you start having contractions, your water breaks, you have bleeding or feel the baby move less frequently than normal, please call your doctor immediately.

We look forward to seeing you soon!