



CAPITAL  
WOMEN'S  
CARE

# PATIENT HISTORY FORM

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Date \_\_\_\_\_

Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_ Primary Care Provider: \_\_\_\_\_

Reason for your visit today: \_\_\_\_\_

Current Contraception:  None  Tubal Ligation  IUD  Mirena®  Nuva Ring®  Patch  Natural Family Planning  Depo Provera  Condoms  
 Diaphragm  Vasectomy  Pills - Brand: \_\_\_\_\_

If Postmenopausal, are you on Hormone Replacement Therapy?  Yes  No Have you ever been on HRT?  Yes  No

Medication Allergies:  None  \_\_\_\_\_

List all prescription medications you are currently using:  None  \_\_\_\_\_

List all non-prescription medications or supplements you are currently using:  None  \_\_\_\_\_

What was the first day of your last menstrual period? \_\_\_\_\_

When was your last mammogram? \_\_\_\_\_

Do you perform breast self-exams monthly? .....  Yes  No

When was your last PAP test? \_\_\_\_\_

Do you have a history of Sexually Transmitted Disease? .....  Yes  No

Have you had 5 or more sexual partners? .....  Yes  No

Was your age at first intercourse under 16? .....  Yes  No

Were you exposed to DES before your birth? .....  Yes  No

Have you ever had an abnormal PAP smear?.....  Yes  No

Do you exercise regularly? .....  Yes  No

Do you use seat belts? .....  Yes  No

Do you smoke? .....  Yes  No

How much? \_\_\_\_\_

Do you drink alcohol? .....  Yes  No

How much & how often? \_\_\_\_\_

Do you use any recreational drugs? .....  Yes  No

What & how often? \_\_\_\_\_

Surgeries or Hospitalizations:  None

Type of surgery or reason for hospitalization	Date	Doctor	Hospital or Facility
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### Pregnancies (include losses and terminations)

Year	Male/Female	Weight	Vaginal or Section	Complications

### Do you have or have you ever had...

- |   |  |  |  |
|---|--|--|--|
| Diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No         | High blood pressure <input type="checkbox"/> Yes <input type="checkbox"/> No   | Chronic lung condition <input type="checkbox"/> Yes <input type="checkbox"/> No            | Osteoporosis <input type="checkbox"/> Yes <input type="checkbox"/> No          |
| Asthma <input type="checkbox"/> Yes <input type="checkbox"/> No           | Mitral valve prolapse <input type="checkbox"/> Yes <input type="checkbox"/> No | Alcohol abuse <input type="checkbox"/> Yes <input type="checkbox"/> No                     | High cholesterol <input type="checkbox"/> Yes <input type="checkbox"/> No      |
| Stroke <input type="checkbox"/> Yes <input type="checkbox"/> No           | Seizures/Epilepsy <input type="checkbox"/> Yes <input type="checkbox"/> No     | Drug/substance abuse <input type="checkbox"/> Yes <input type="checkbox"/> No              | Rheumatic fever <input type="checkbox"/> Yes <input type="checkbox"/> No       |
| Ulcers <input type="checkbox"/> Yes <input type="checkbox"/> No           | Tuberculosis <input type="checkbox"/> Yes <input type="checkbox"/> No          | Hepatitis/liver disorder/Jaundice <input type="checkbox"/> Yes <input type="checkbox"/> No | Blood transfusion <input type="checkbox"/> Yes <input type="checkbox"/> No     |
| Heart disease <input type="checkbox"/> Yes <input type="checkbox"/> No    | Bowel trouble <input type="checkbox"/> Yes <input type="checkbox"/> No         | Blood clots in legs/lung/heart <input type="checkbox"/> Yes <input type="checkbox"/> No    | Transfusion reactions <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Chronic anemia <input type="checkbox"/> Yes <input type="checkbox"/> No   | Kidney stones <input type="checkbox"/> Yes <input type="checkbox"/> No         | Autoimmune diseases (lupus, etc.) <input type="checkbox"/> Yes <input type="checkbox"/> No | Anesthetic reactions <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| Thyroid disorder <input type="checkbox"/> Yes <input type="checkbox"/> No | Bleeding disorder <input type="checkbox"/> Yes <input type="checkbox"/> No     | Depression, anxiety <input type="checkbox"/> Yes <input type="checkbox"/> No               | Eating disorder <input type="checkbox"/> Yes <input type="checkbox"/> No       |

Cancer  Yes  No If yes, Type, Date and Treatment: \_\_\_\_\_

Other disease? \_\_\_\_\_

### Please list any major illnesses that have occurred in your family. Is there a family history of...

- |   |  |   |  |
|---|--|---|--|
| Breast Cancer <input type="checkbox"/> Yes <input type="checkbox"/> No  | Thyroid disorder <input type="checkbox"/> Yes <input type="checkbox"/> No        | Osteoporosis <input type="checkbox"/> Yes <input type="checkbox"/> No | Stroke <input type="checkbox"/> Yes <input type="checkbox"/> No              |
| Ovarian Cancer <input type="checkbox"/> Yes <input type="checkbox"/> No | Coronary artery disease <input type="checkbox"/> Yes <input type="checkbox"/> No | Diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No     | High blood pressure <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Colon Cancer <input type="checkbox"/> Yes <input type="checkbox"/> No   | High cholesterol <input type="checkbox"/> Yes <input type="checkbox"/> No        | Other: _____  |  |